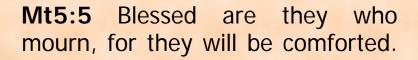


Mt5:3 Blessed are the poor in spirit, for theirs is the kingdom of heaven.



Thank God for the treasure that I have, and pray for the willingness to share my treasure with the poor.

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Thank God for being the source of comfort and trust when I was suffering.

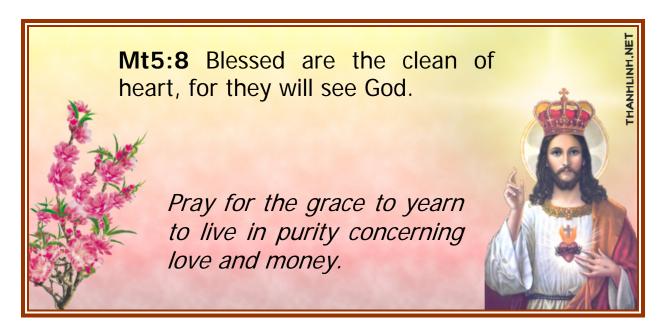
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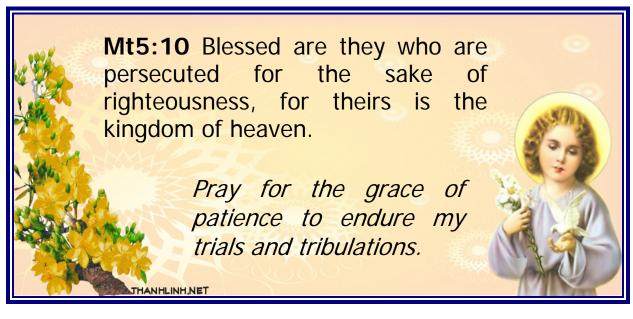
Mt5:7 Blessed are the merciful, for they will be shown mercy.

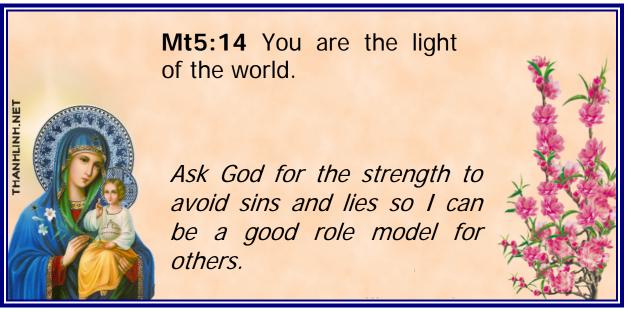
Pray for the grace to be merciful to the less fortunate, suffering, and the sick.











Mt5:9 Blessed are the peacemakers, for they will be called children of God.

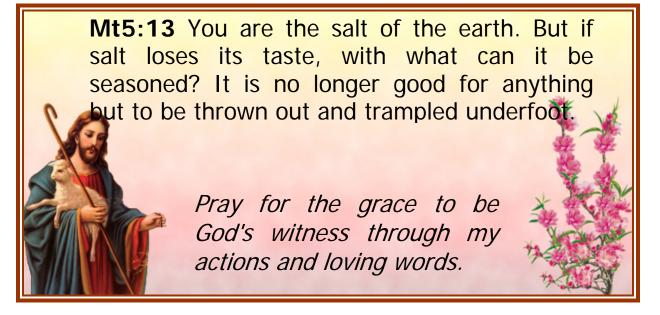


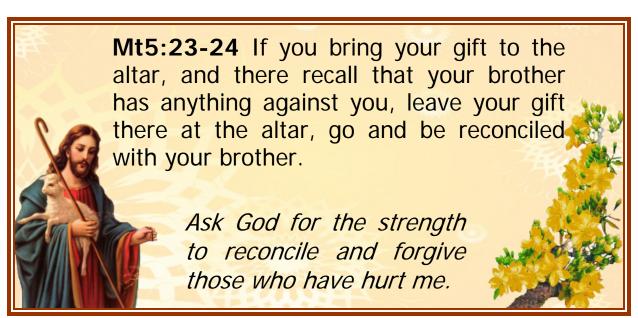
Pray to always be an instrument of God's peace for everyone.

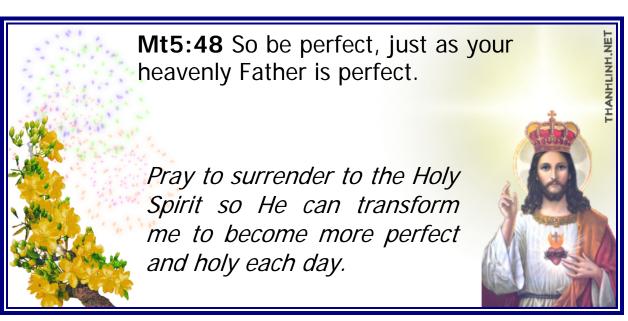
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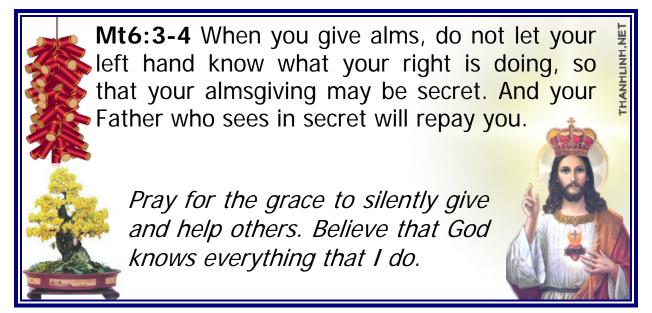
Mt5:11 Blessed are you when they insult you and persecute you and utter every kind of evil against you (falsely) because of me.

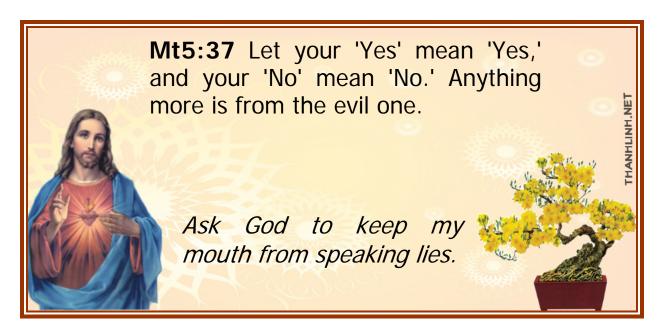
Pray for the grace of peace in my heart and for the ability to forgive those who humiliate and malign me.

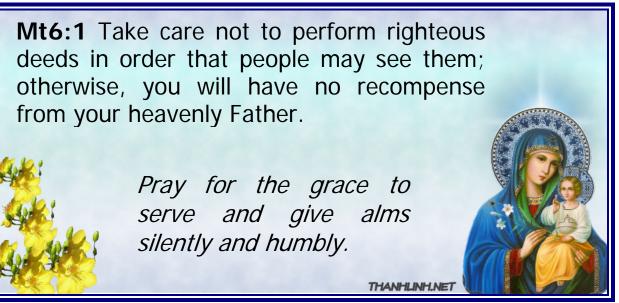


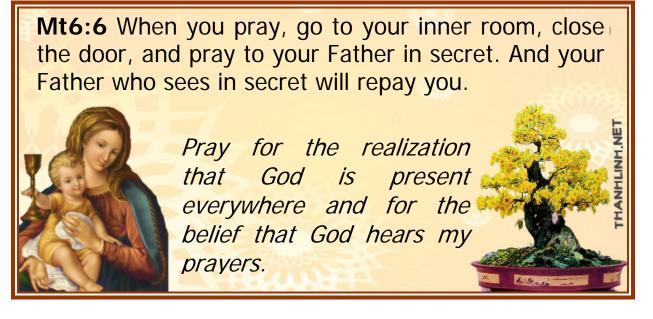


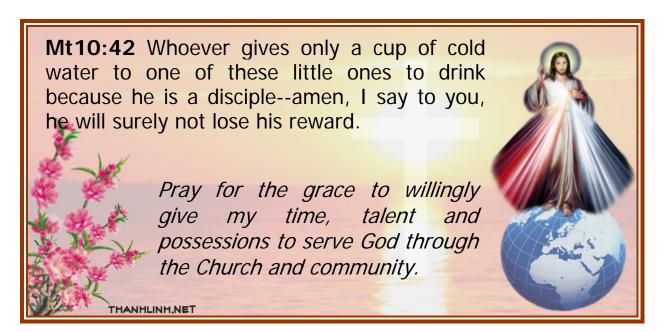


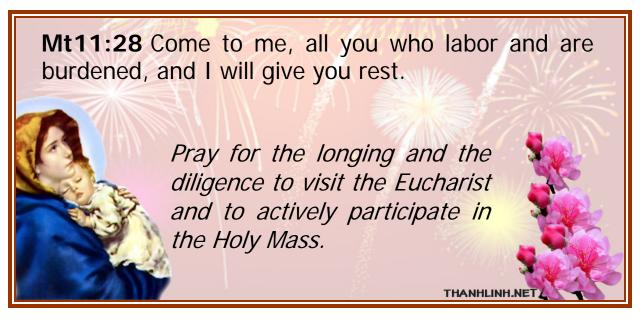


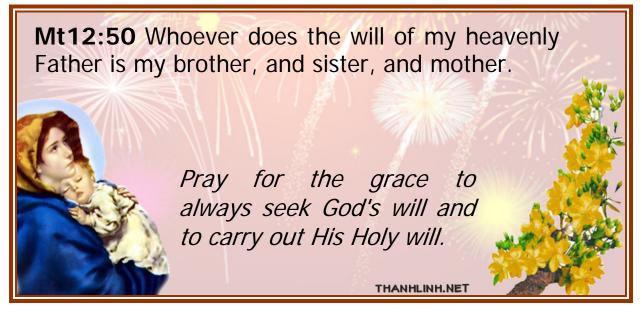












Mt11:25 I give praise to you, Father, Lord of heaven and earth, for although you have hidden these things from the wise and the learned you have revealed them to the childlike.

Thank God for revealing himself to me and for the love he reserves for me. Pray for the grace to be humble.

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Mt11:29 Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for your selves. For my yoke is easy, and my burden light.



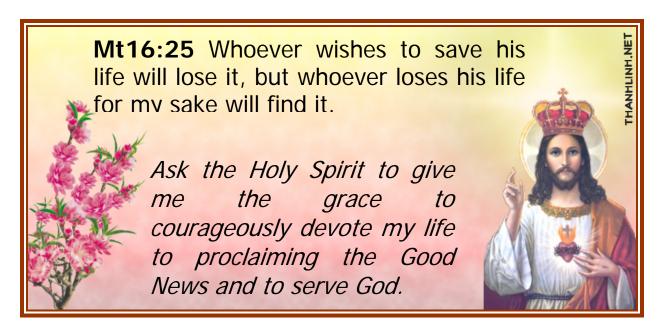
Pray for the grace to always learn from Jesus' model of meekness and humility.

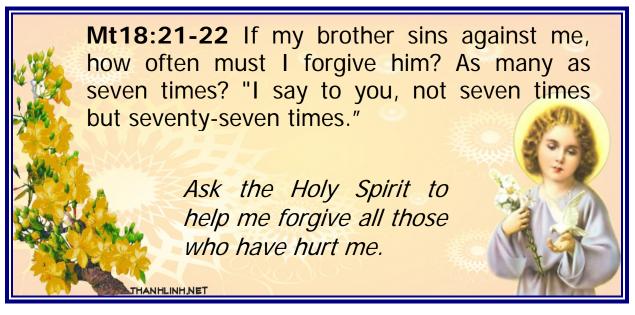
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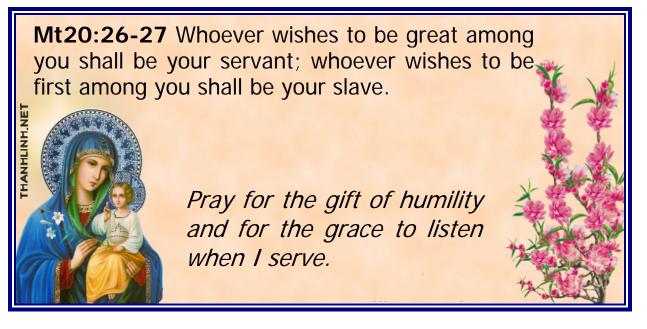
Mt16:24 Whoever wishes to come after me must deny himself, take up his cross, and follow me.

Ask God to take away my carnal desires and pray for the willingness to accept the cross and follow God.

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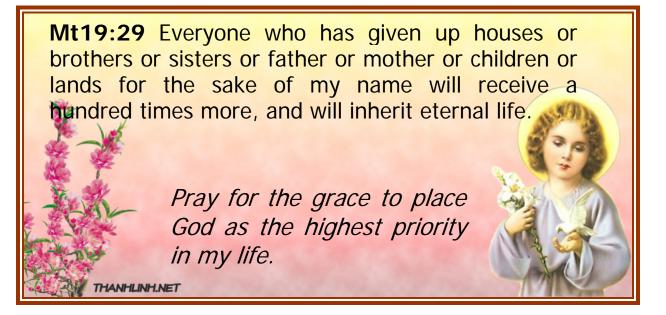


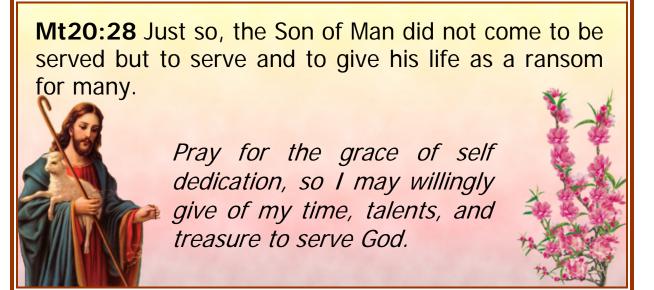
Mt17:20 If you have faith the size of a mustard seed, you will say to this mountain, 'Move from here to there,' and it will move.

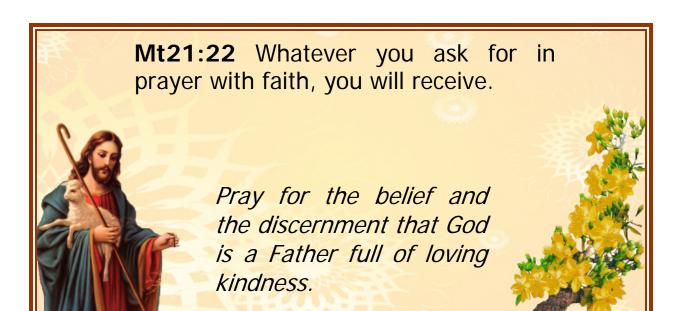
Nothing will be impossible for you.

Pray for the grace to grow in faith and to believe in God's power.

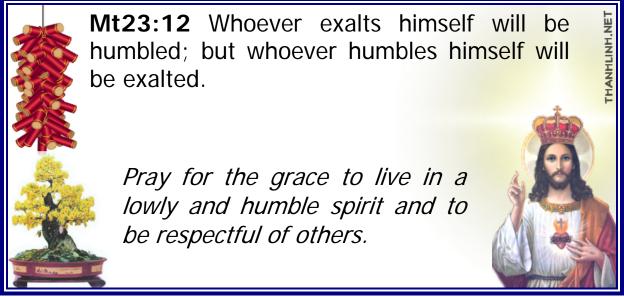
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Mt22:21 Repay to Caesar what belongs to Caesar and to God what belongs to God.



Pray that I do not seek honours and privileges, financial gains, and position in my discipleship.



Mt23:11 The greatest among you must be your servant.



Pray for the grace to always be humble and to see my lowliness when I serve.



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Mt24:42 Stay awake! For you do not know on which day your Lord will come.



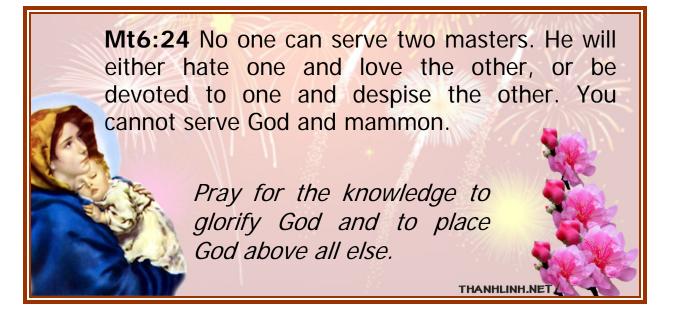
Pray for the grace to live each day as though it is the last day of my life; pray to be alert and ready for God's coming.

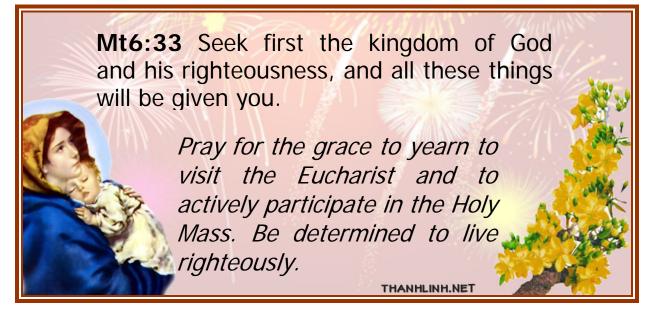


Mt6:14-15 If you forgive others their transgressions, your heavenly Father will forgive you. But if you do not forgive others, neither will your Father forgive your transgressions.

Ask the Holy Spirit to strengthen me so I can forgive and accept my brothers' and sisters' weaknesses.

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Mt6:19-20 Do not store up for yourselves treasures on earth, where moth and decay destroy, and thieves break in and steal. But store up treasures in heaven, where neither moth nor decay destroys, nor thieves

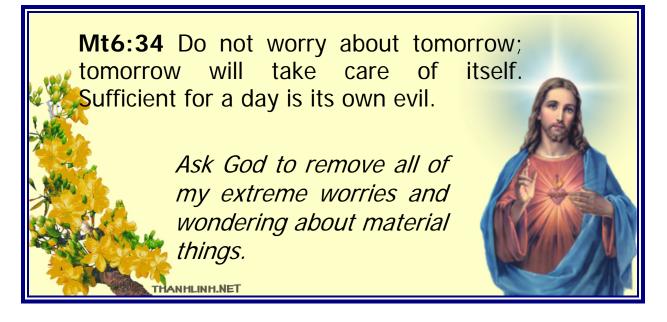
Pray for the ability to use my gifts of talent and treasure to glorify God's name and for the good of my soul.

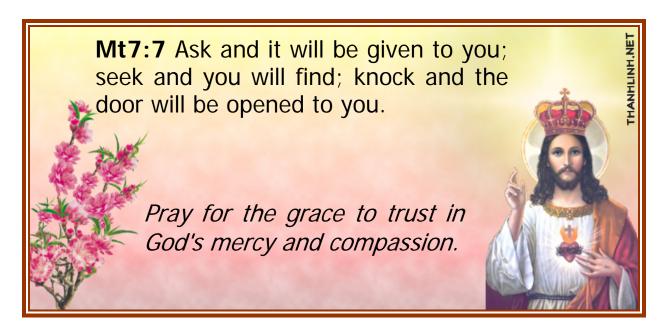
break in and steal

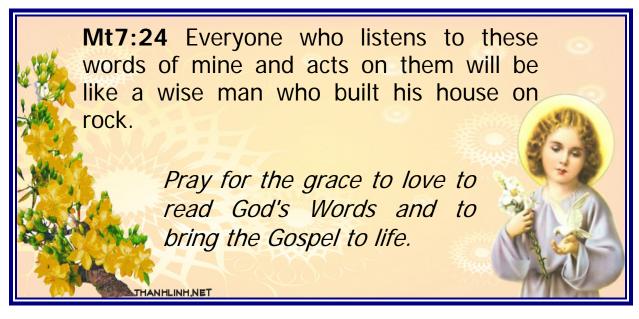
Mt6.31-32 Do not worry about your life, what you will eat (or drink), or about your body, what you will wear. Your heavenly Father knows that you need them all.

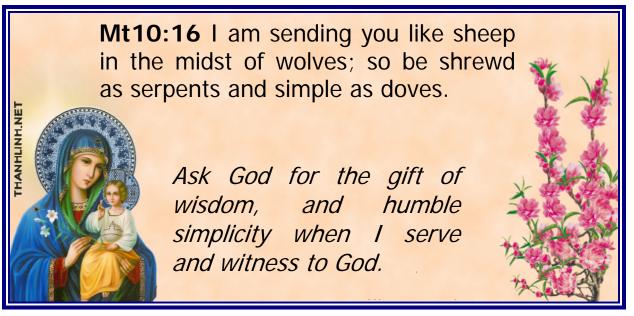
Pray for the grace to reject my overindulgence in food, drink or wastefulness in food.

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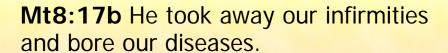


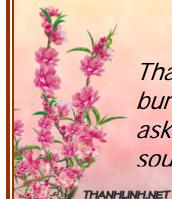
Mt7.12 Do to others whatever you would have them do to you.



Ask God for the grace to care for others' needs like that of my own.

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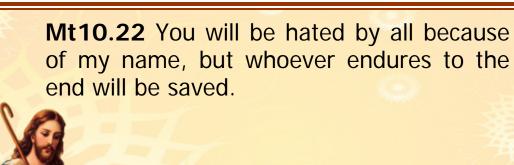


Thank Jesus for carrying the burden of humanity's sins and ask God to heal my body, and soul.

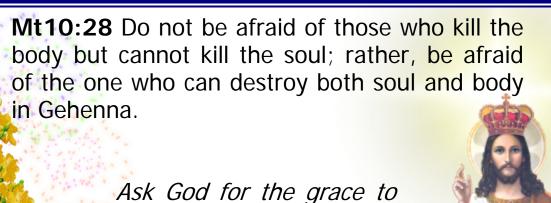


Mt10:19-20 When they hand you over, do not worry about how you are to speak or what you are to say. You will be given at that moment what you are to say. For it will not be you who speak but the Spirit of your Father speaking through you.

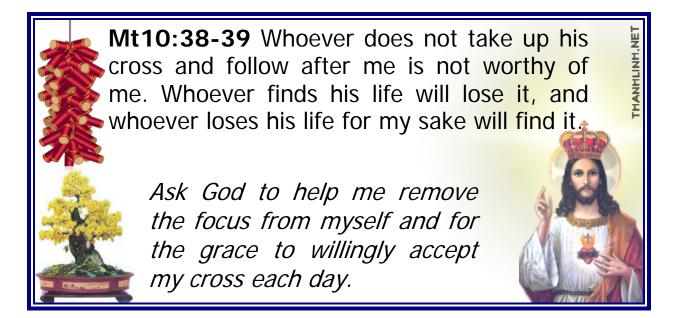
Ask the Holy Spirit to anoint my words when I witness and testify to the Good News.



Ask God for the gift of endurance when I face persecution and hardship.



be faithful to the Church and to God.



Mt10:27 What I say to you in the darkness, speak in the light; what you hear whispered, proclaim on the housetops.

Ask God for the grace to courageously spread the Good News and be a witness to God.



Mt10:32-33 Everyone who acknowledges me before others I will acknowledge before my heavenly Father. But whoever denies me before others, I will deny before my heavenly Father.

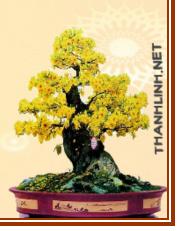


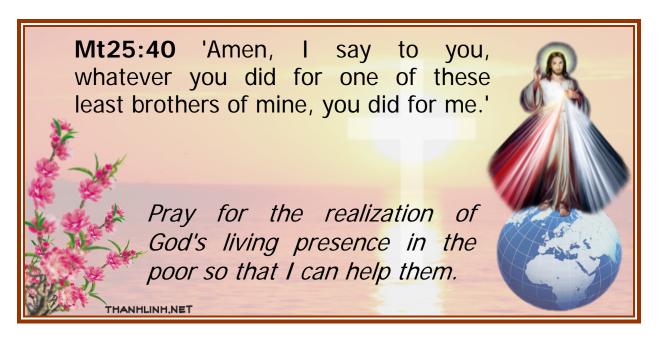
Ask God for the gift of courage and wisdom so that I may proclaim God everywhere.

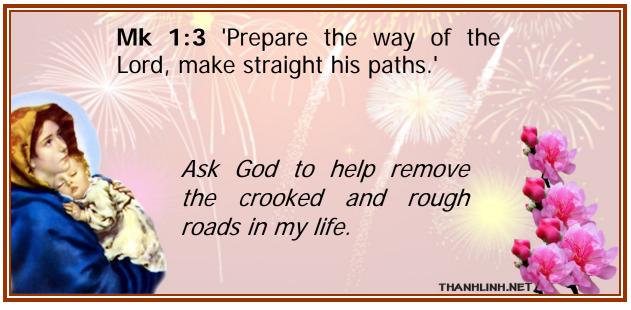
Mt10:40 Whoever receives you receives me, and whoever receives me receives the one who sent me.

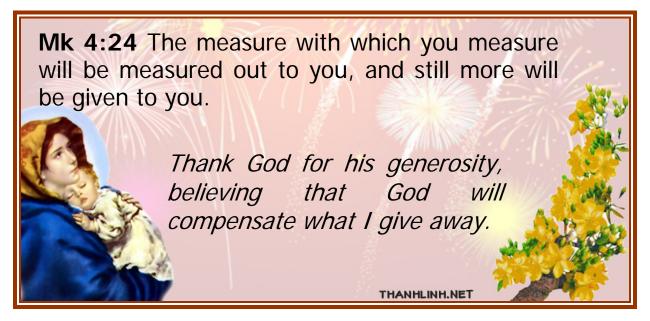


Pray for the grace to see God's living image in my brothers and sisters.







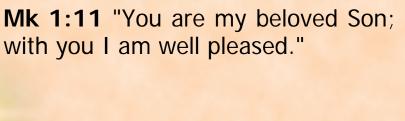


Mt28:19 Go, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the holy Spirit.



Pray for the grace of courage and wisdom to proclaim the Good News and to be a witness to God.

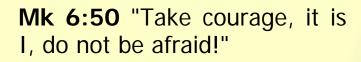


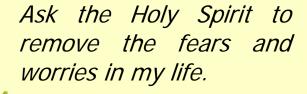




Thank God the Father for giving His only Son to humanity. Accept Jesus to be the master of my life.

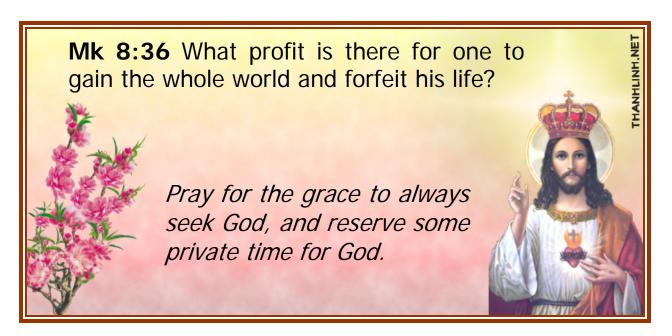
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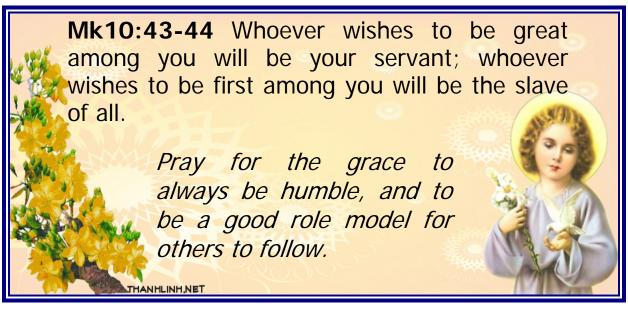


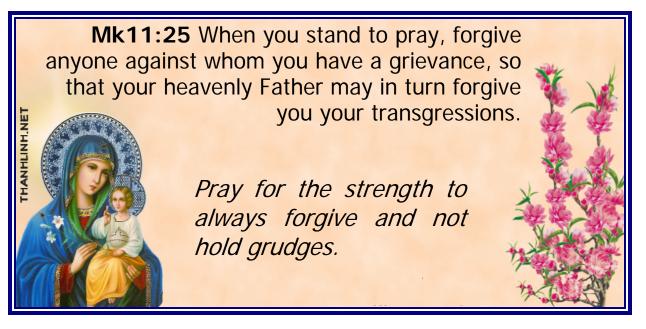




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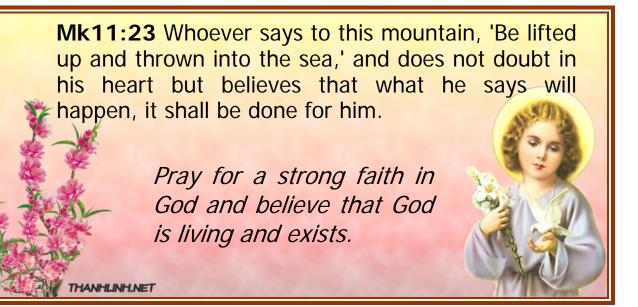


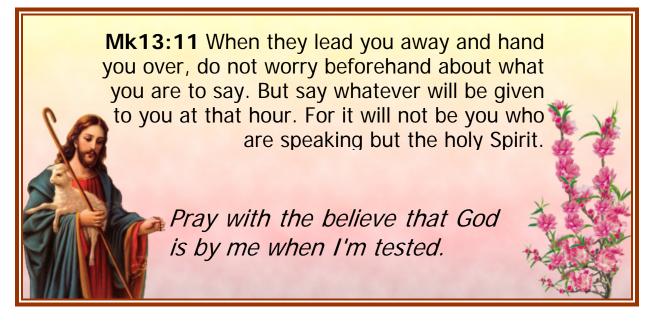


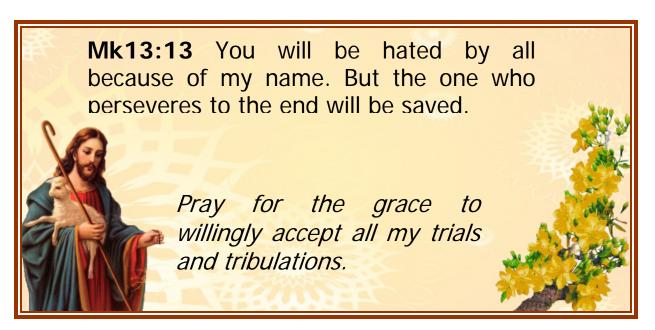
Mk9:41 Anyone who gives you a cup of water to drink because you belong to Christ, amen, I say to you, will surely not lose his reward.

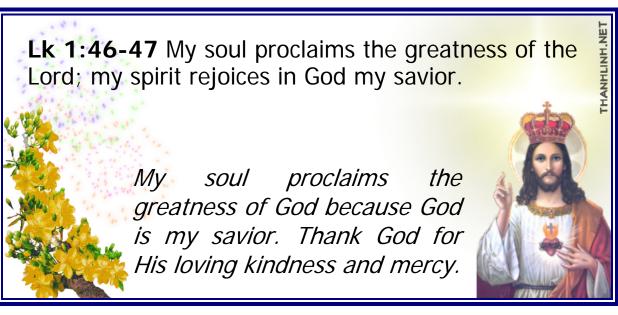
Pray for the grace to know to help the poor, and thank God for his generous heart.

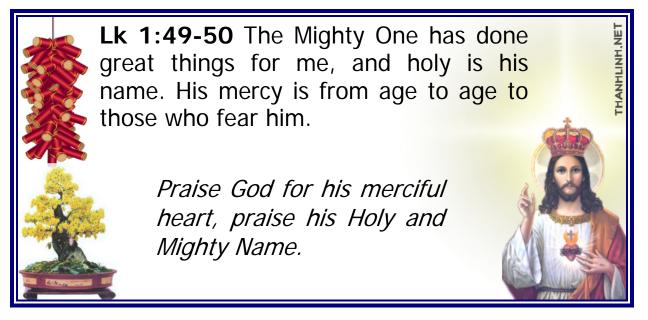
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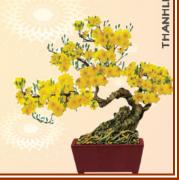






Mk14:38 Watch and pray that you may not undergo the test. The spirit is willing but the flesh is weak.

Pray for the grace to be alert by constant prayer and for the grace to realize the weaknesses of my flesh.



Mk16:17-18 In my name they will drive out demons, they will speak new languages. They will pick up serpents, and if they drink any deadly thing, it will not harm them. They will lay hands on the sick, and they will recover.



Pray for the courage to pray healing prayers for others and believe in God's healing power.

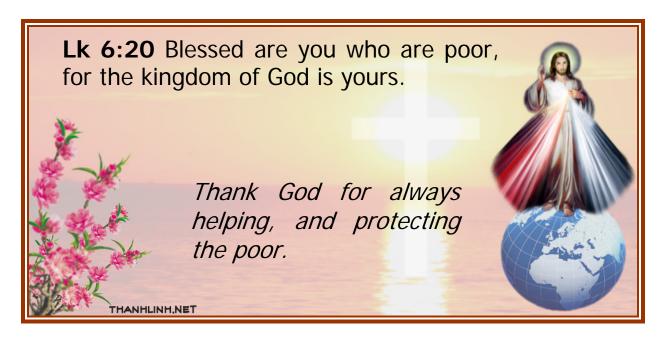
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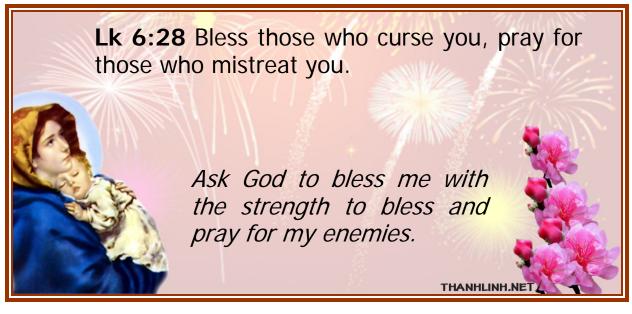
Lk 1:52 He has thrown down the rulers from their thrones but lifted up the lowly.

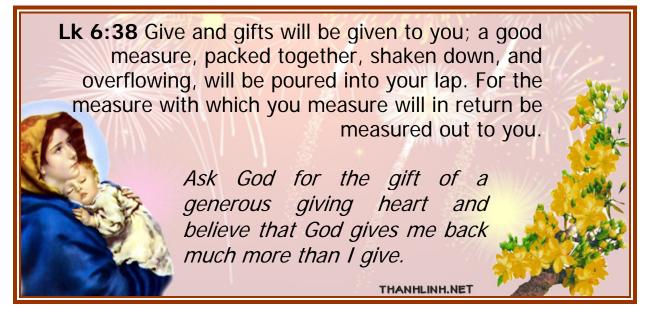


Thank God for always helping and protecting the lowly.







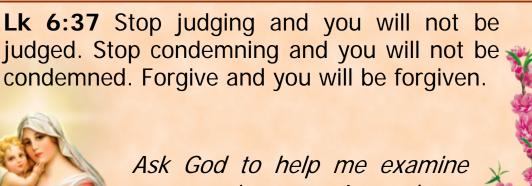


Lk 6:22-23 Blessed are you when people hate you, and when they exclude and insult you, and denounce your name as evil on account of the Son of Man. Rejoice and leap for your reward will be great in heaven.



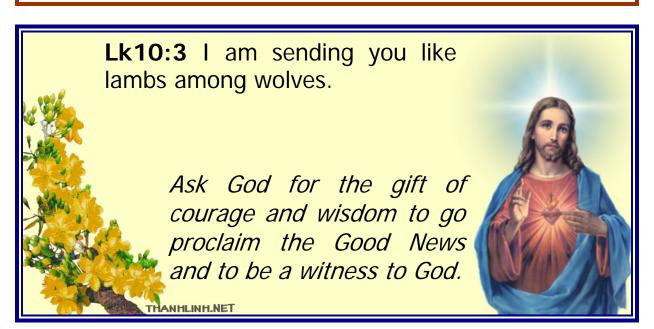
Pray for certain faith and trust in God when others hate and denounce me.

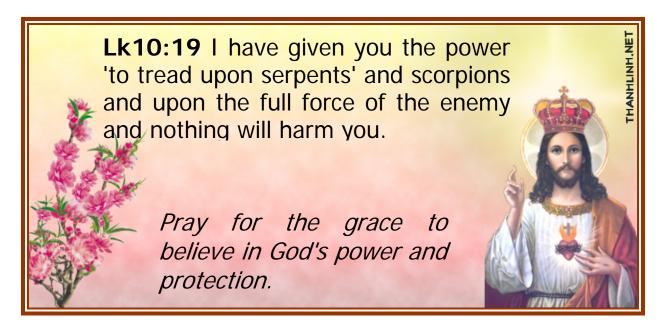
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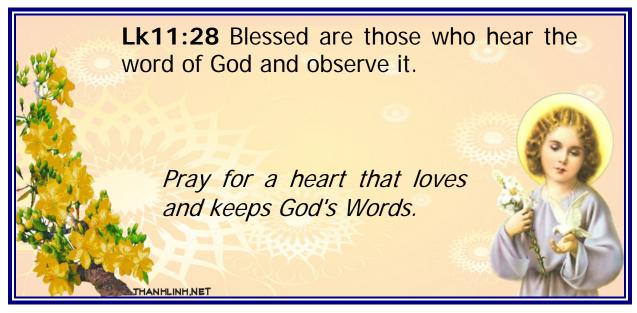


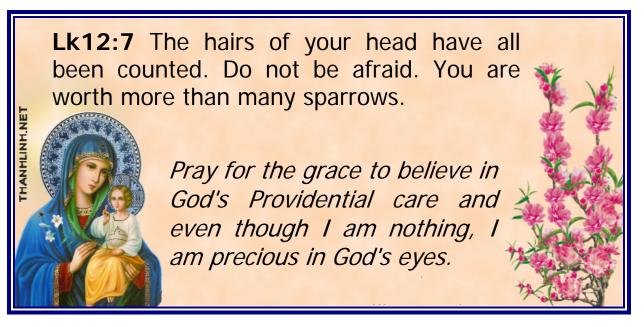
Ask God to help me examine my conscience, so I may know myself better instead of hastily judging others.

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Lk11:9-10 I tell you, ask and you will receive; seek and you will find; knock and the door will be opened to you.

I offer my needs up to God and wait for God's plan. Pray for the grace to believe that God knows what is best for me in his own time.

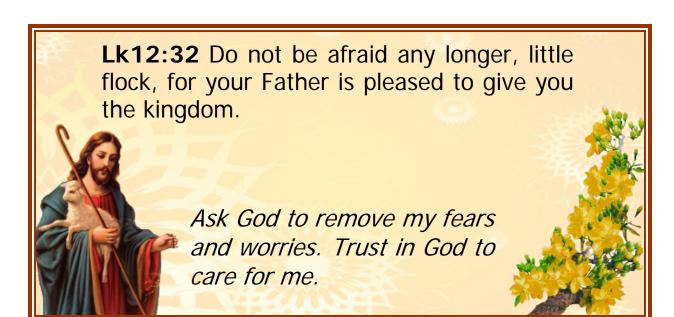
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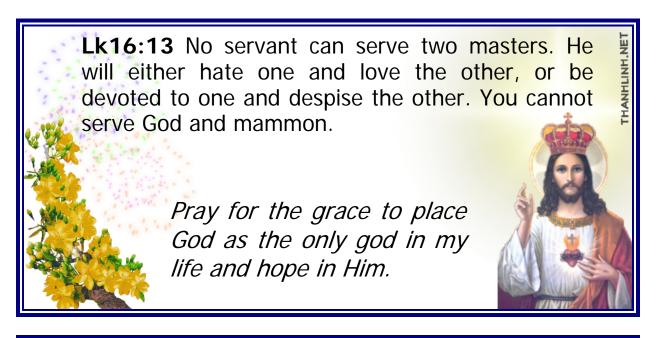
Lk12:4-5 Do not be afraid of those who kill the body but after that can do no more. Be afraid of the one who after killing has the power to cast into Gehenna.

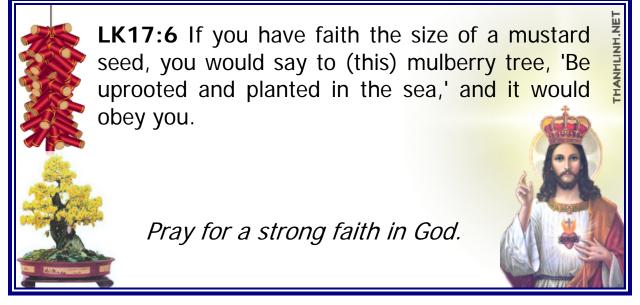
Pray for the grace to realize that material treasures and my flesh will return to dust, and believe that God will be the judge at the end of my life.

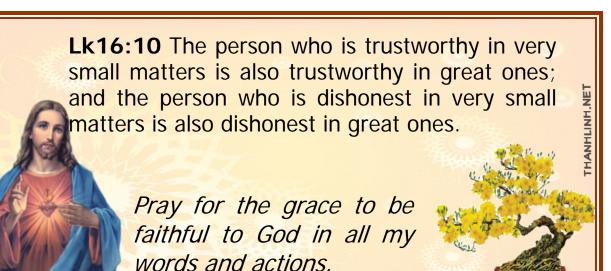
Lk12:8-9 Everyone who acknowledges me before others the Son of Man will acknowledge before the angels of God. But whoever denies me before others will be denied before the angels of God.

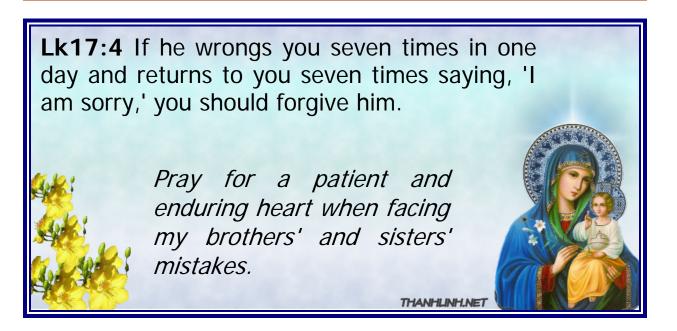
Pray for the courage to proclaim my faith in the Good News everywhere, never deny that I'm a Christian.

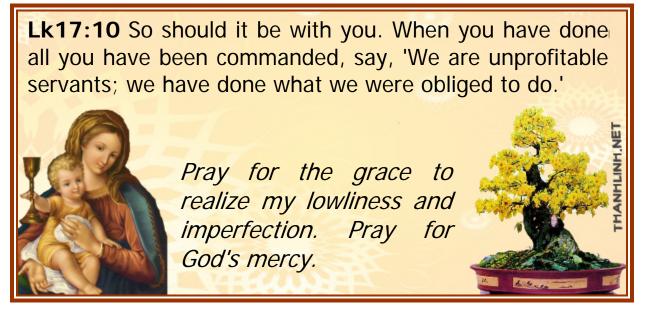


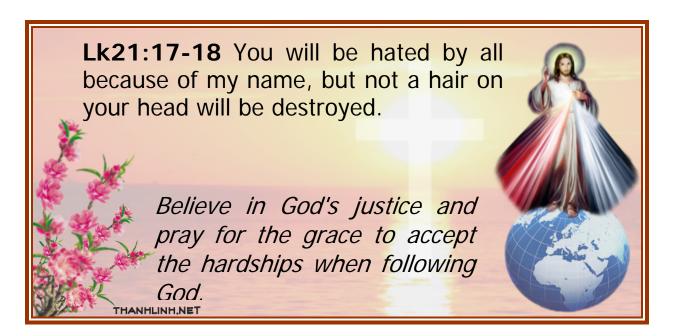


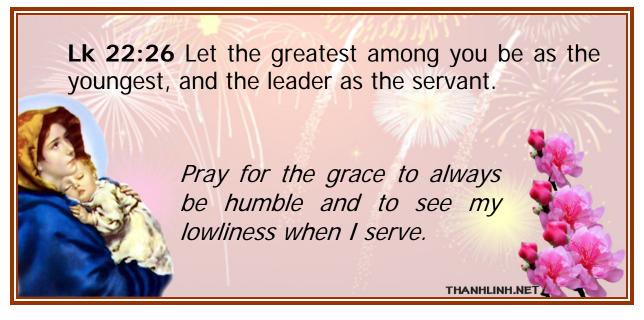


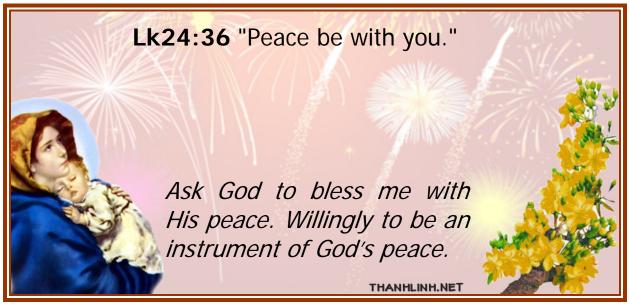










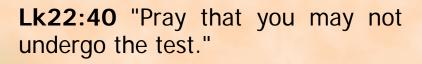


Lk21:36 Be vigilant at all times and pray that you have the strength to escape the tribulations that are imminent and to stand before the Son of Man.



Pray for a prayerful heart and to be alert of the temptations of the world.

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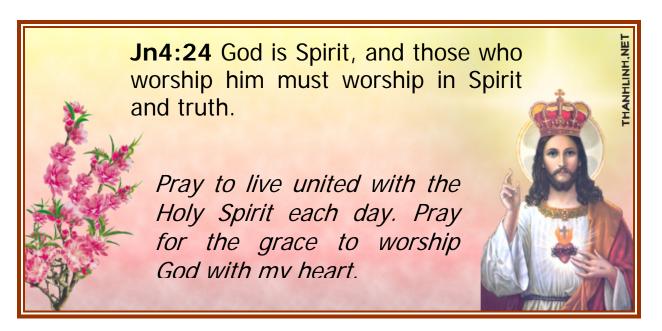
Pray for the grace to always pray and reject temptations.

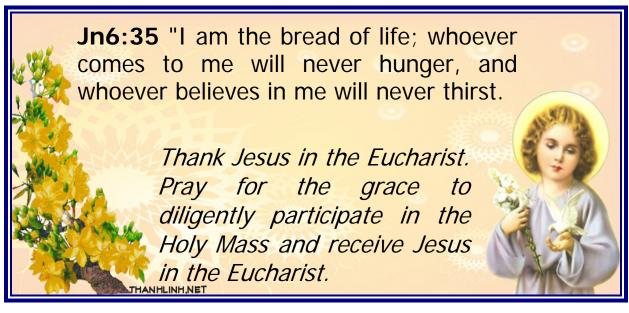
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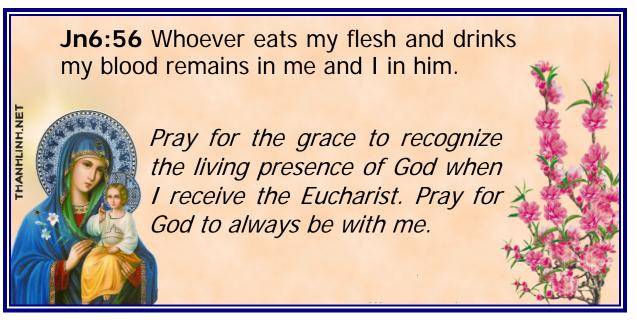
Jn3:30 He must increase; I (John) must decrease.

Glorify God and pray for the grace to be humble in my position, with my talents, and for the charisms that God has given me.

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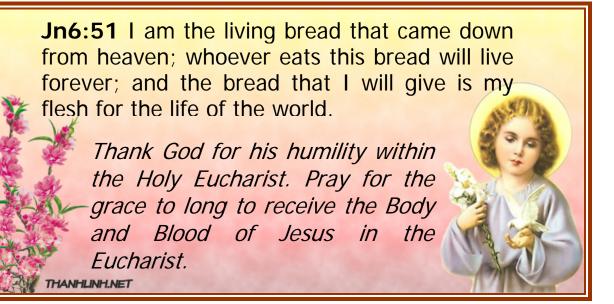


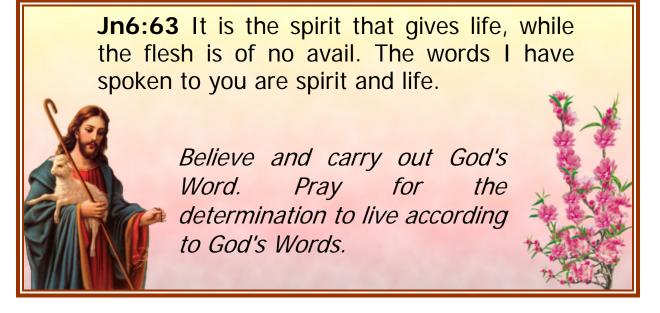


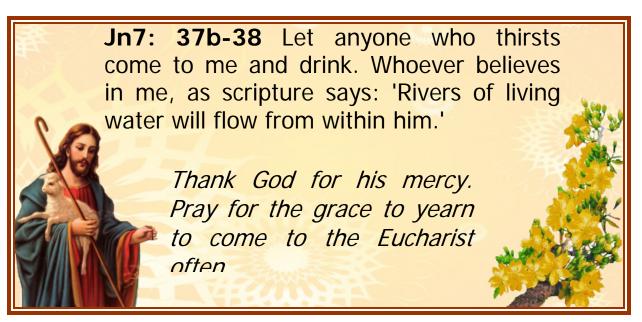
Jn4:13-14 Everyone who drinks this water will be thirsty again; but whoever drinks the water I shall give will never thirst; the water I shall give will become in him a spring of water welling up to eternal life.

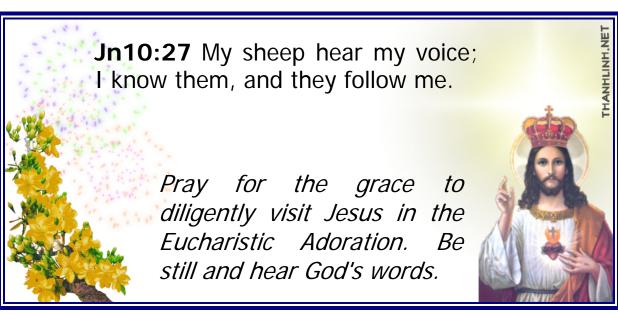
Pray for the yearning to be filled with the Holy Spirit and the longing to receive the body and blood of Jesus in the Eucharist.

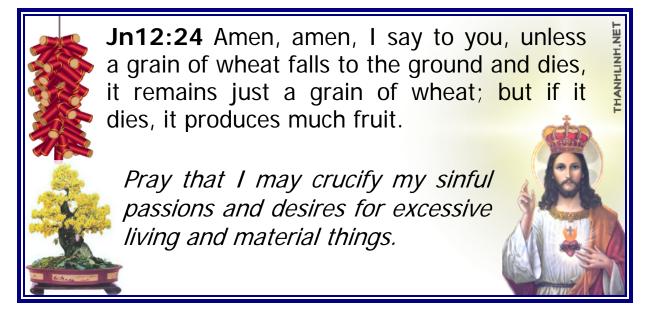
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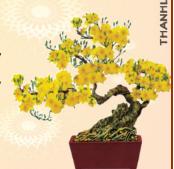






Jn8:12 "I am the light of the world. Whoever follows me will not walk in darkness, but will have the light of life."

Pray for the light of God to shine in the dark and arid parts of my heart. Ask God to deliver me from darkness.



Jn11:25 I am the resurrection and the life; whoever believes in me even if he dies, will live.



Believe that Jesus was resurrected. Pray that God will resurrect me from my weaknesses and bad habits.

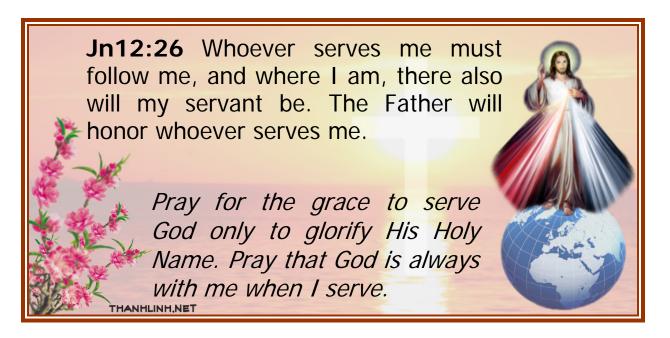


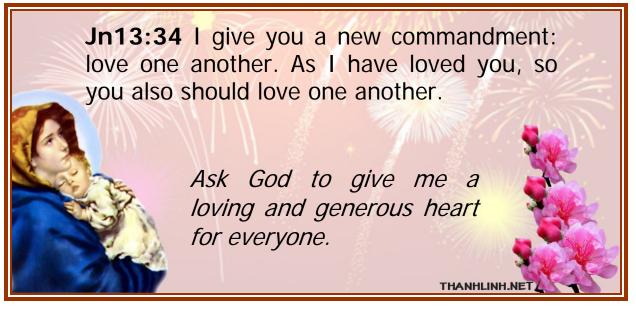
Jn12:25 Whoever loves his life loses it, and whoever hates his life in this world will preserve it for eternal life.

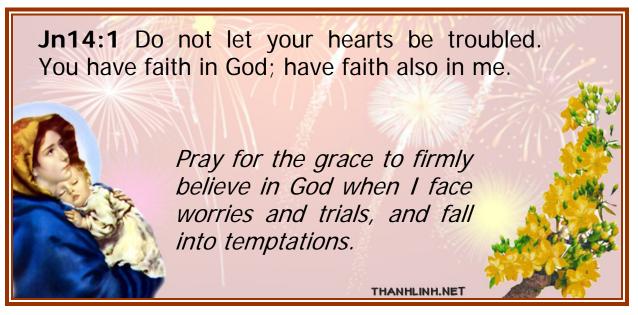


Pray that I may offer my talents, health, and time to serve and proclaim God's Words.



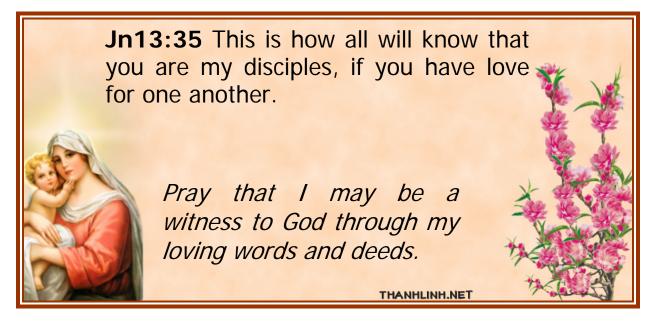


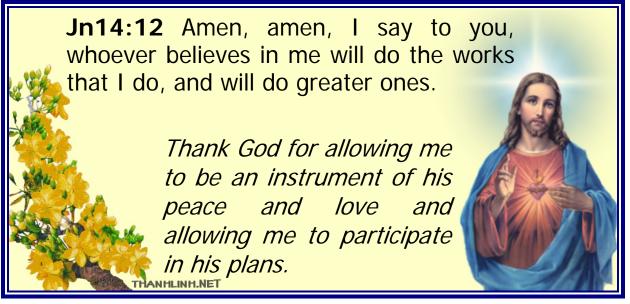


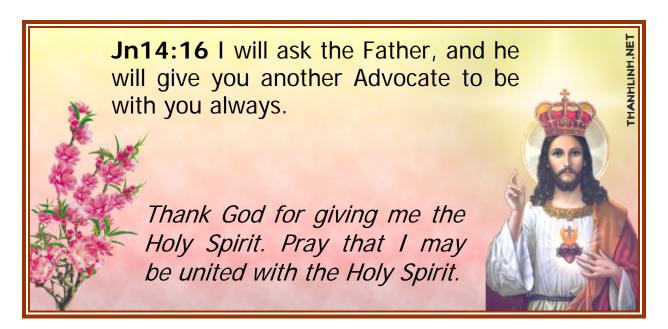


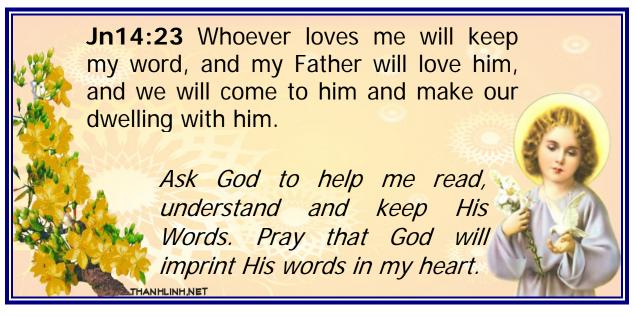
Jn13:14 If I, therefore, the master and teacher, have washed your feet, you ought to wash one another's feet.

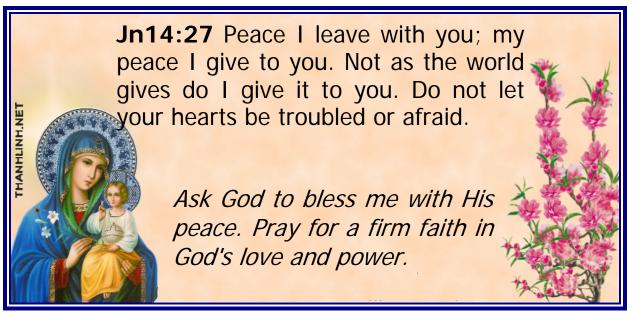
Pray for the grace to humbly serve with all my heart, and to do everything without distinguishing positions and rank.







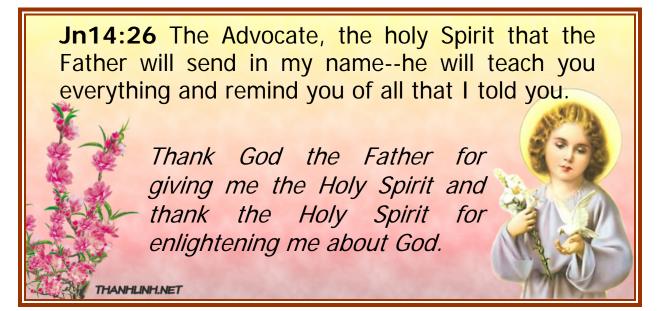


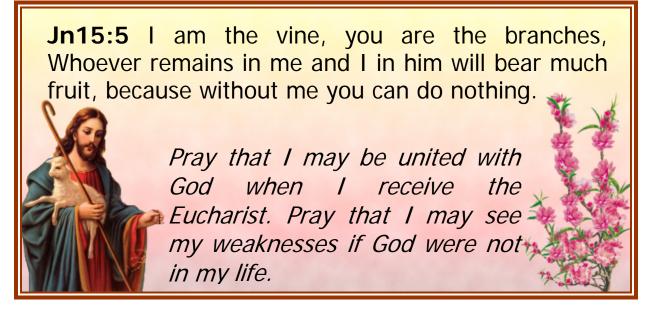


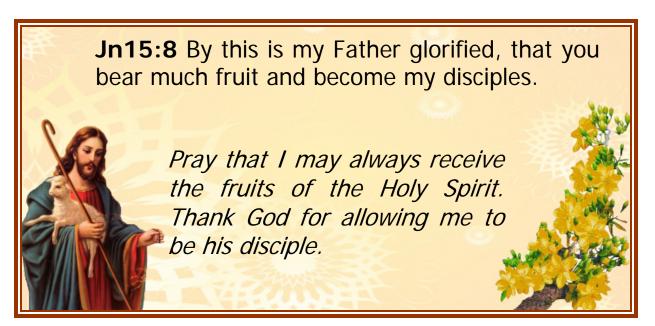
Jn14:21 Whoever has my commandments and observes them is the one who loves me. And whoever loves me will be loved by my Father, and I will love him and reveal myself to him.

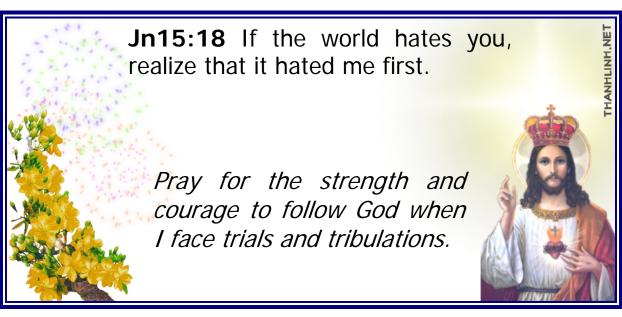
Pray that I may keep God's commands with my heart. Ask God to reveal himself and let me feel His Holy presence in my life.

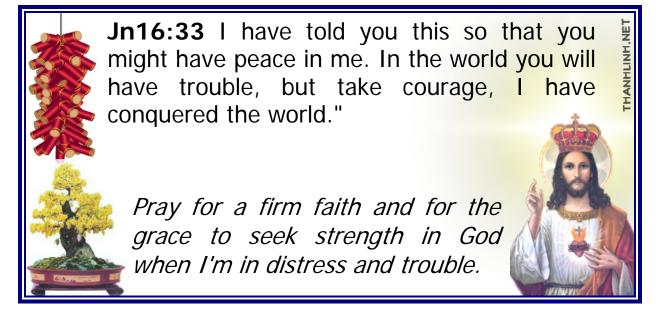
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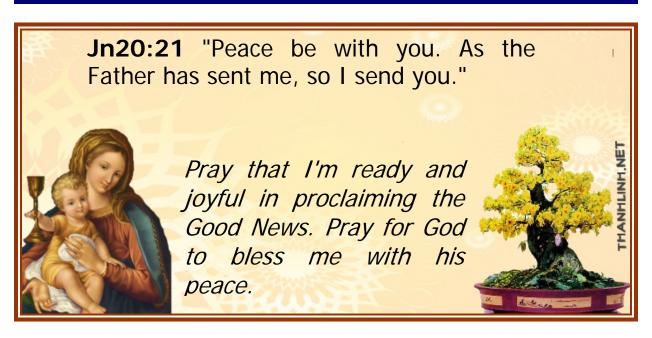
Jn15:15 I no longer call you slaves, because a slave does not know what his master is doing. I have called you friends, because I have told you everything I have heard from my Father.

Thank Jesus for wanting to be close to me like a friend.
Thank Jesus for revealing

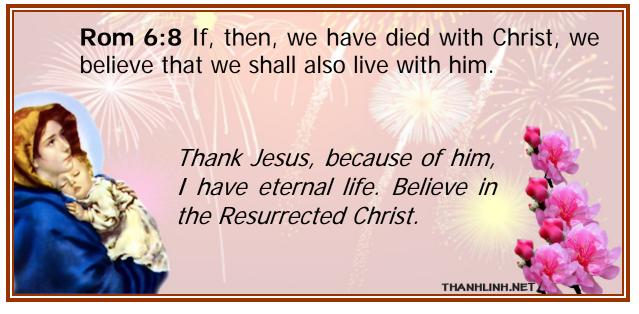
Jn15:20 Remember the word I spoke to you, 'No slave is greater than his master.' If they persecuted me, they will also persecute you. If they kept my word, they will also keep yours.

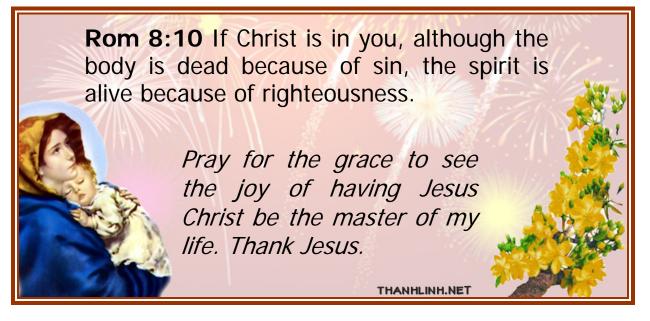
Pray for the grace to accept hardships, betrayal, and persecutions when I follow Jesus and choose God.

God, the Father, to me.









Acts 20:35 'It is more blessed to give than to receive.'



Pray that God will give me a generous heart and hands that know to give more than to receive.



Rom 7:15 What I do, I do not understand. For I do not do what I want, but I do what I hate.



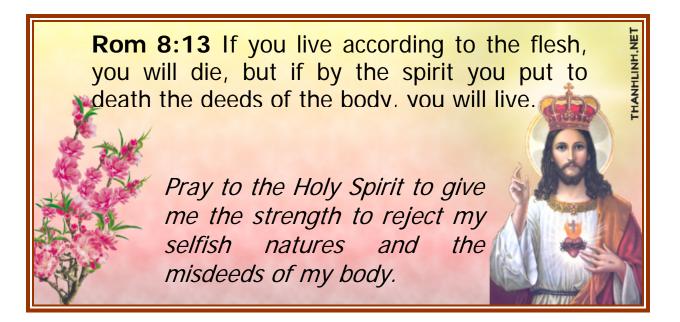
Pray for the grace to seek and follow God's true and holy will in everything.

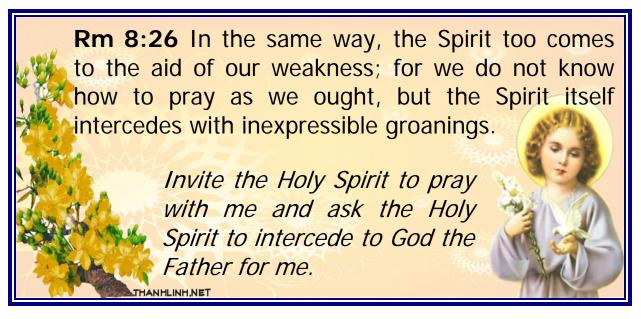
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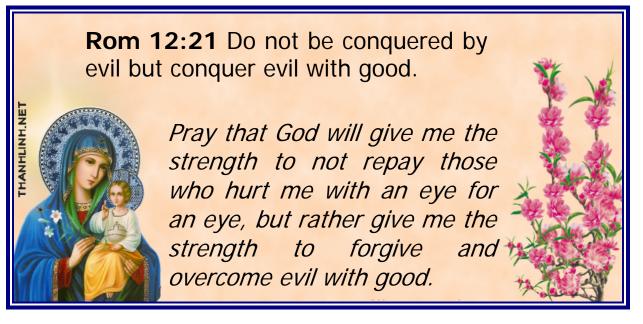
Rom 8:11 If the Spirit of the one who raised Jesus from the dead dwells in you, the one who raised Christ from the dead will give life to your mortal bodies also, through his Spirit that dwells in you.

Thank the Holy Spirit for living inside me and helping me to transform

to be more Christ like.





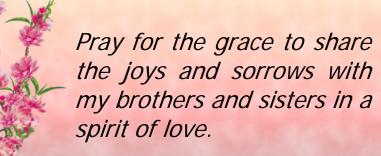


Rom 8:15 You did not receive a spirit of slavery to fall back into fear, but you received a spirit of adoption, through which we cry, "Abba, Father!"

Thank the Holy Spirit for making me become a child of God. Call to God the Father with all my heart: Abba! Father!

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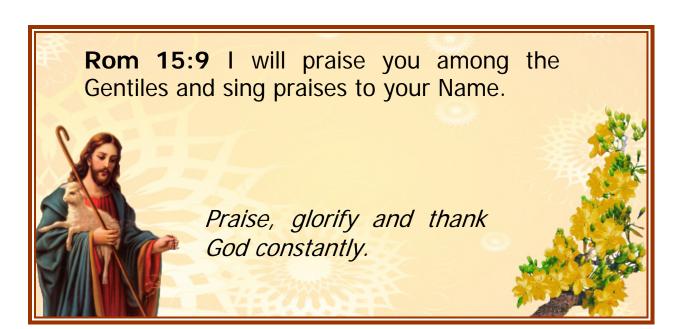
Rom 12:14-15 Bless those who persecute (you), bless and do not curse them. Rejoice with those who rejoice, weep with those who weep.

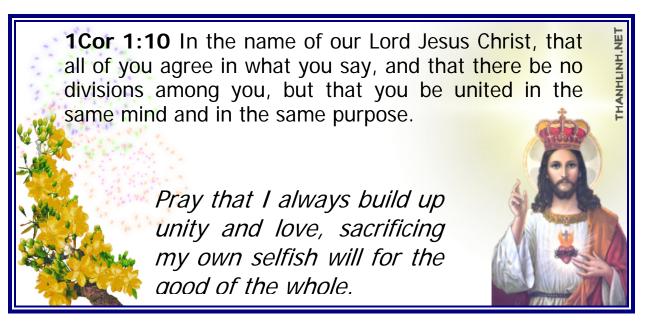


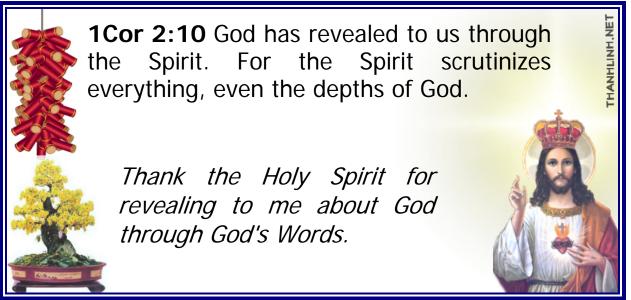
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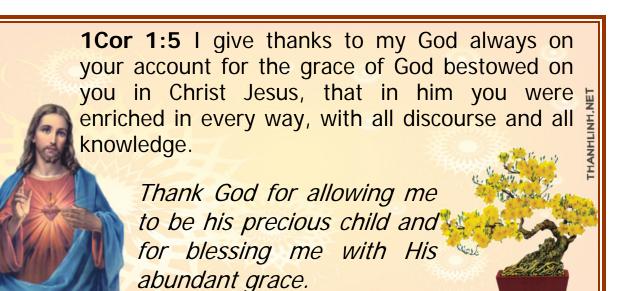
Rom 14:17 The kingdom of God is not a matter of food and drink, but of righteousness, peace, and joy in the holy Spirit.

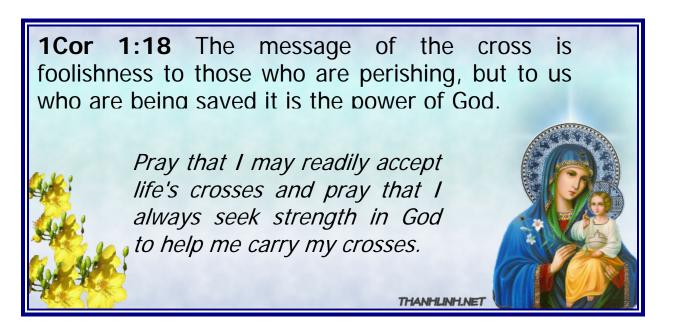
Pray for the grace to not be consumed by eating and drinking, and to not let eating and drinking be my highest priority, taking my time away from God.

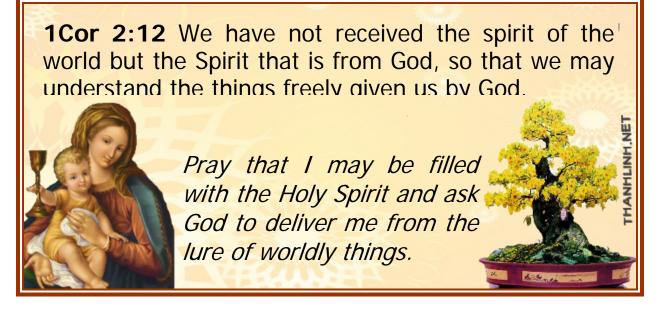


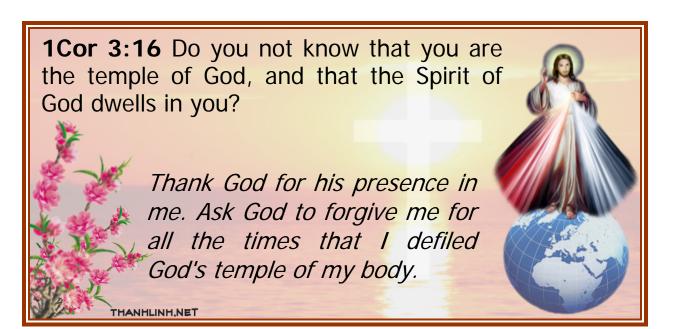


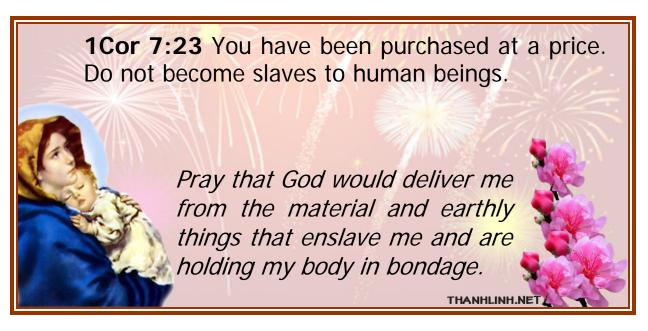


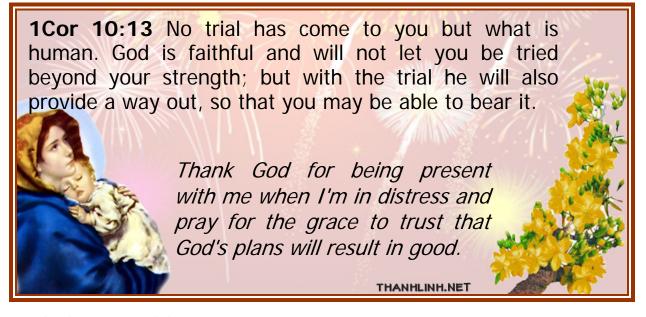








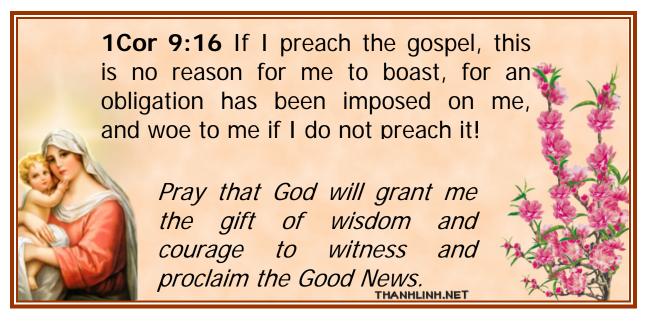


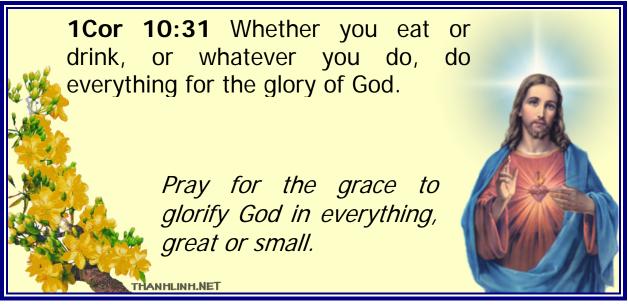


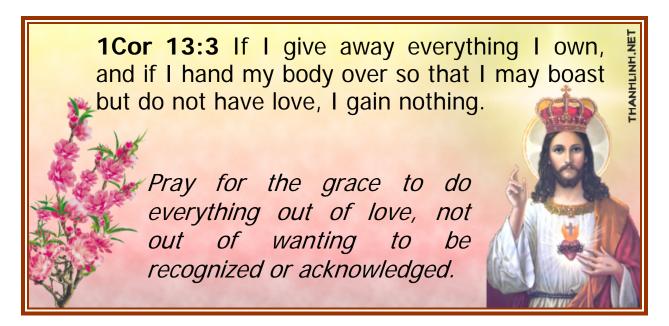
1Cor 6:20 For you have been purchased at a price. Therefore, glorify God in your body.

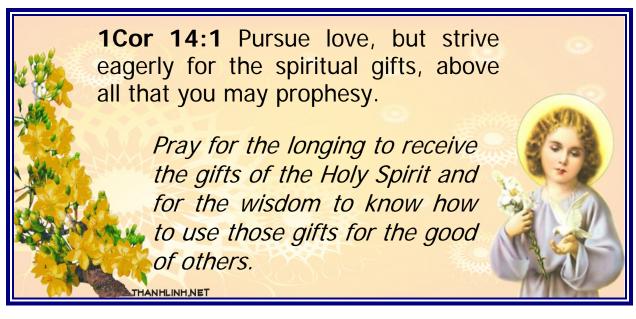


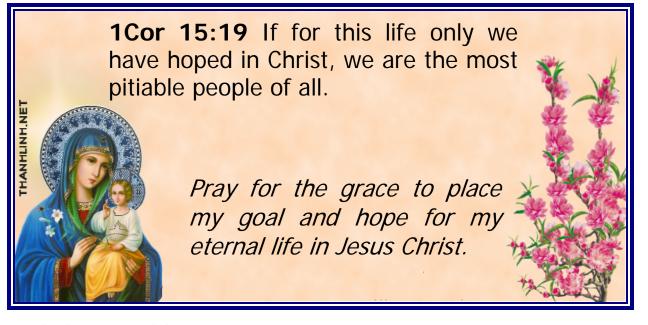
Thank Jesus for the price of his own blood that paid for my salvation. Glorify God and pray to know to respect my body.











1Cor 13:7 Love bears all things, believes all things, hopes all things, endures all things.



Pray and offer up all my sacrifices, losses, and sufferings for the love of God and my neighbors.

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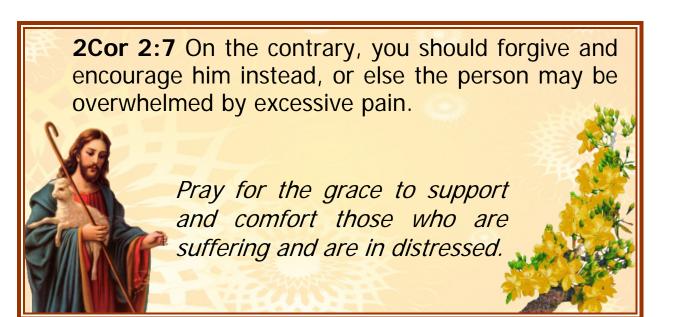
1Cor 14:12 So with yourselves: since you strive eagerly for spirits, seek to have an abundance of them for building up the church.

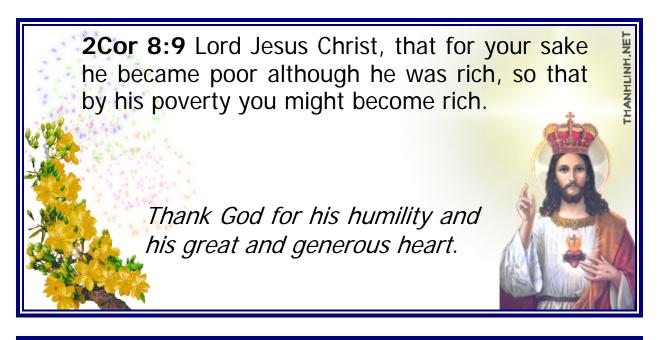
Pray for the wisdom to use the gifts that the Holy Spirit has given me to build up my family, my community and the Church.

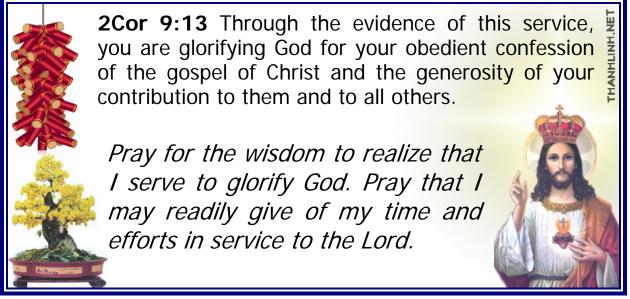
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2Cor 1:4 Lord Jesus Christ who encourages us in our every affliction, so that we may be able to encourage those who are in any affliction with the encouragement with which we ourselves are encouraged by God.

Pray for the grace to seek comfort in God when I am in trouble and to have a firm faith because God always comforts me.







2Cor 7:6 God, who encourages the downcast, encouraged us by the arrival of Titus.



Thank God for never abandoning the downcast, and trust in God, the Comforter.



2Cor 9:7 Each must do as already determined, without sadness or compulsion, for God loves a cheerful giver.



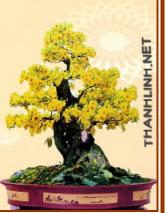
Pray for the grace to joyfully offer myself and to give freely to others as gratitude to God's abundant blessings for me.

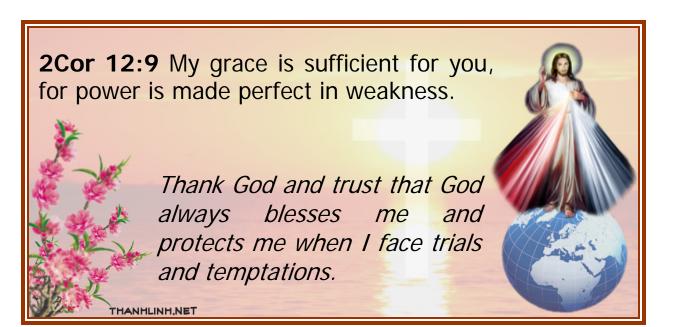
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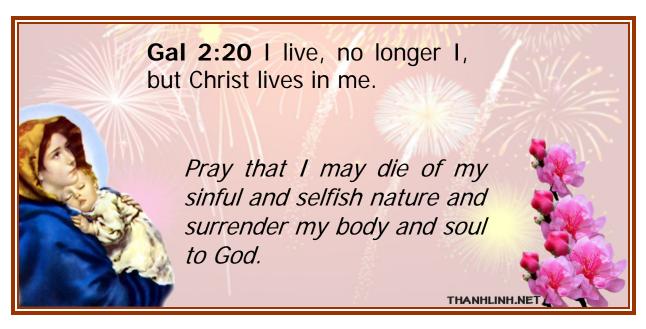
2Cor 9:15 Thanks be to God for his indescribable gift!



Thank God for His many blessings for me: family, friends, health, property...









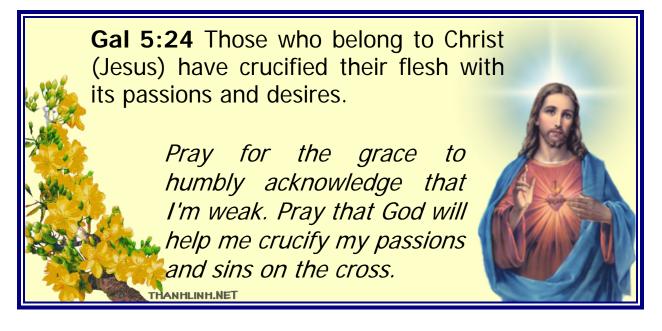
2Cor 13:11 Brothers and sisters, rejoice. Mend your ways, encourage one another, agree with one another, live in peace, and the God of love and peace will be with you.

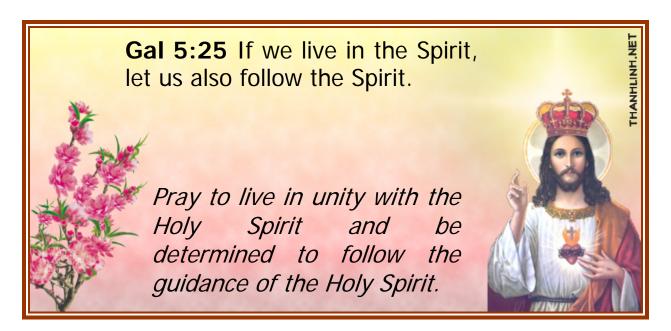
Pray for the grace to know to encourage my brothers and sisters and to persevere to live in unity and peace with my family and community.

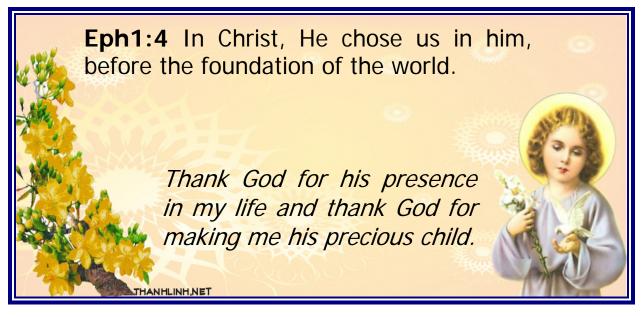
Gal 5:17 For the flesh has desires against the Spirit, and the Spirit against the flesh; these are opposed to each other, so that you may not do what you want.

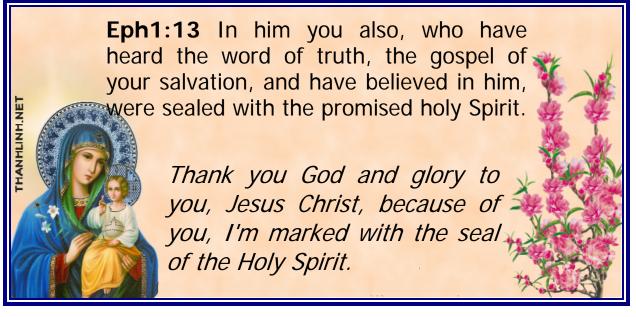
Pray that I may reject the desires of my flesh, and seek the guidance of the Holy Spirit.

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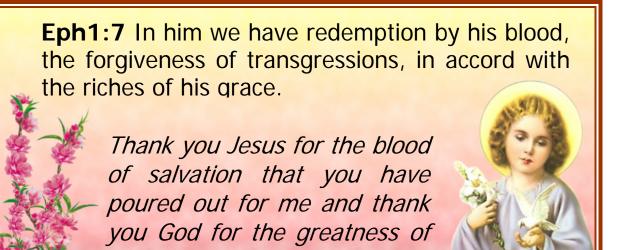


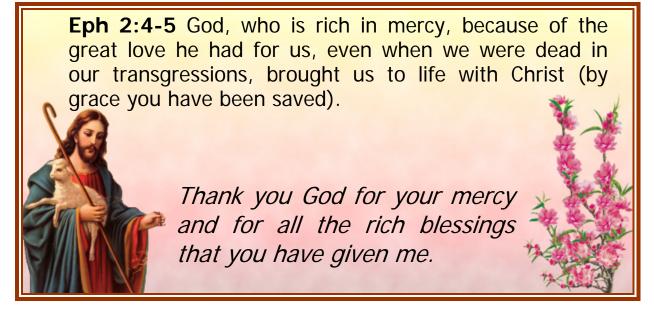


Gal 6:8 The one who sows for his flesh will reap corruption from the flesh, but the one who sows for the spirit will reap eternal life from the spirit.

Pray for the grace to sow seeds of good faith through good works and examples.

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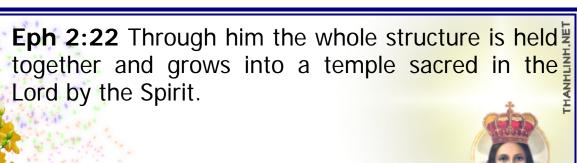


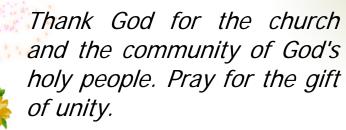
your forgiveness.

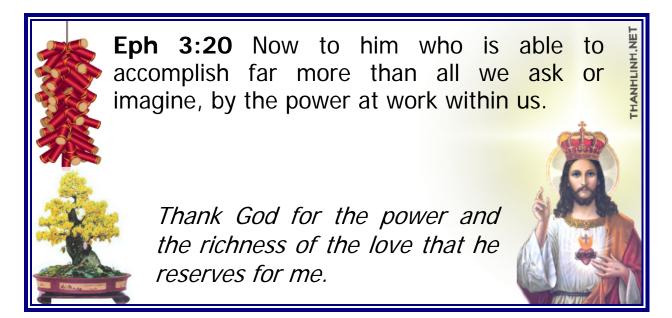
Eph 2:8 For by grace you have been saved through faith, and this is not from you; it is the gift of God.



Thank God for his salvation and for the love that he has freely given to me.

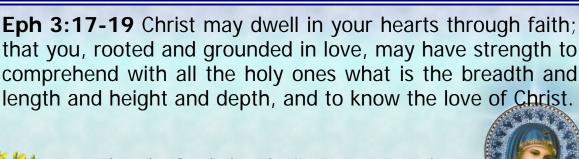




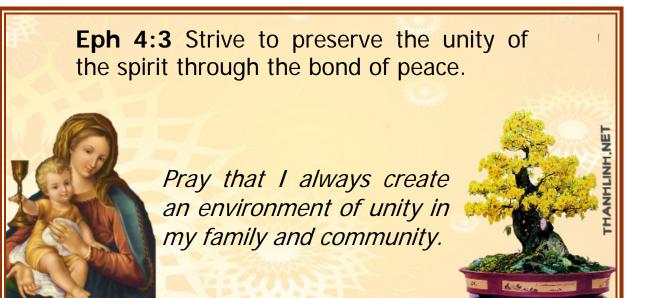


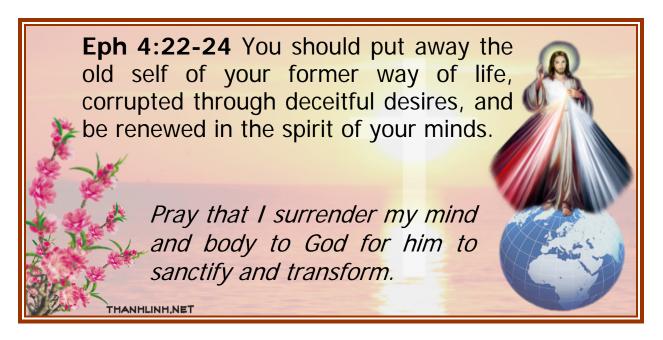
Eph 2:10 For we are his handiwork, created in Christ Jesus for the good works that God has prepared in advance.

Thank God for creating me in his image and for the good works that God has prepared for me.



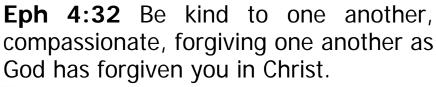
Thank God for being present in my heart. Pray that God will give me a heart that longs to know and love him more deeply.





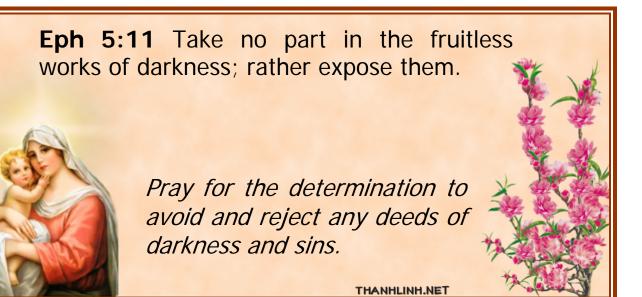


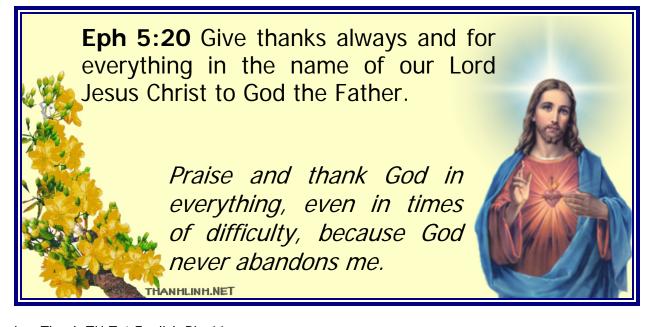


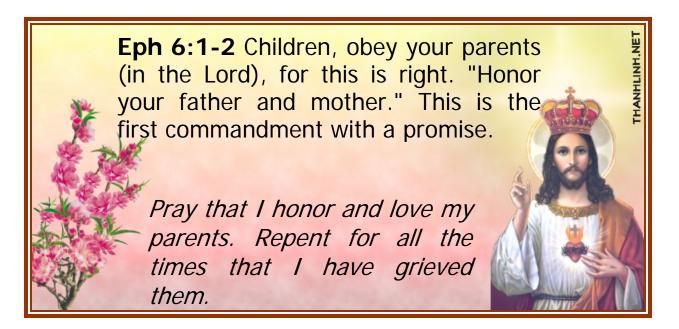


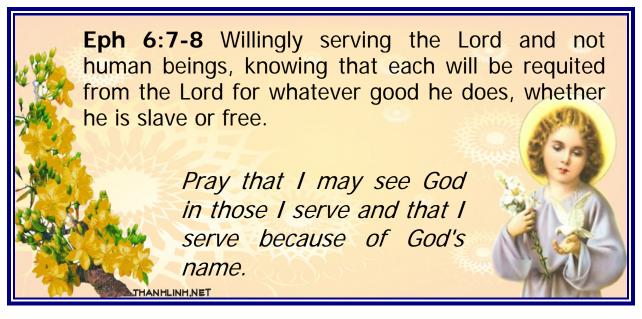


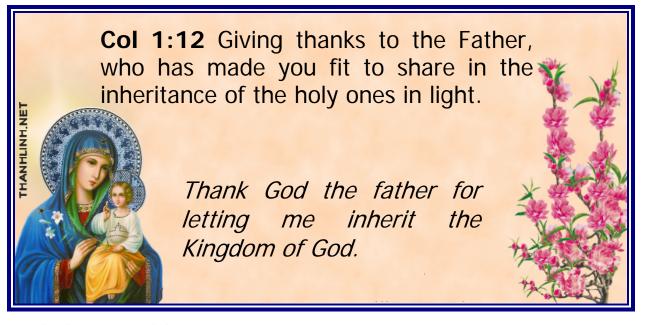
Pray for the strength to forgive those who have hurt me.







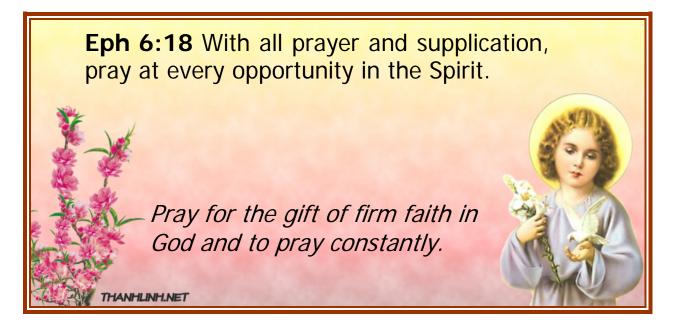


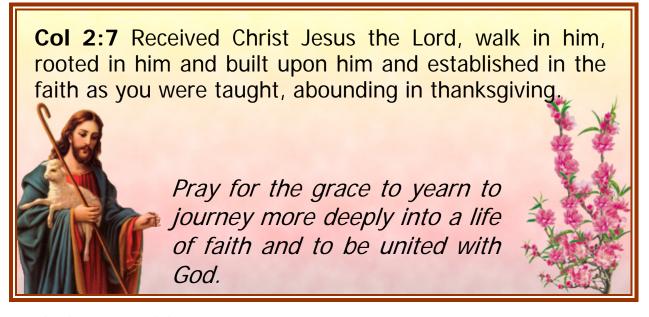


Eph 6:11-12A Put on the armor of God so that you may be able to stand firm against the tactics of the devil. For our struggle is not with flesh and blood but with the principalities, with the powers.

Pray that I will diligently receive the Sacrament of Reconciliation, read the Holy Bible, and actively participate in the Holy Mass. Pray for the gift to rely on the strength and the power of God's name when I face temptations.

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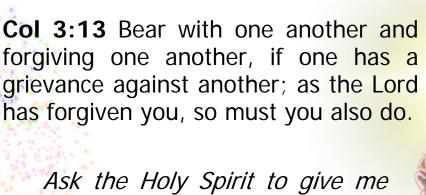




Col 2:13 You were buried with him in baptism, in which you were also raised with him through faith in the power of God, who raised him from the dead.



Thank Jesus for redeeming me from being slaves to sins so that I may be alive again with Him.



Ask the Holy Spirit to give me the gift of patience, endurance and forgiveness for others.



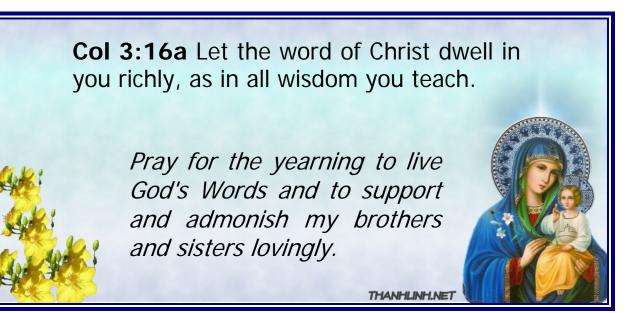
Col 3:16b Admonish one another, singing psalms, hymns, and spiritual songs with gratitude in your hearts to God.

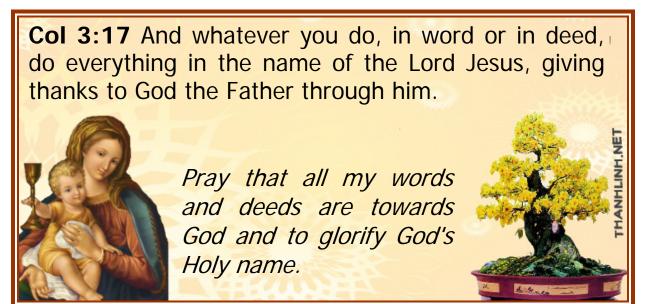


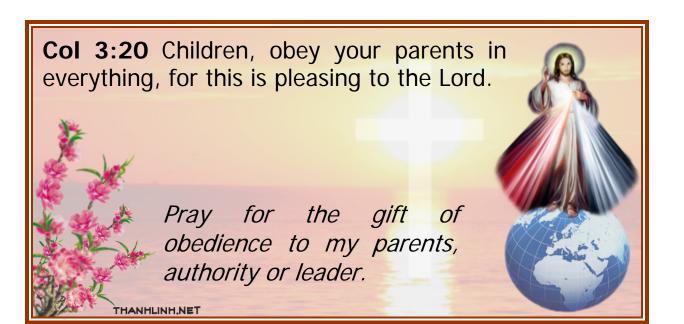
Thank God and his blessings through songs, praise and Thanksgiving.

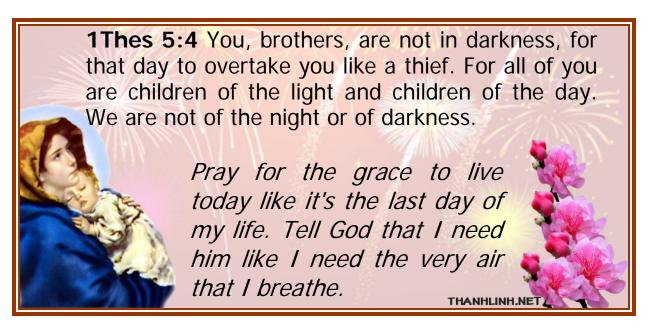
CI 2:14 And even when you were dead (in) transgressions and the uncircumcision of your flesh, he brought you to life along with him, having forgiven us all our transgressions.

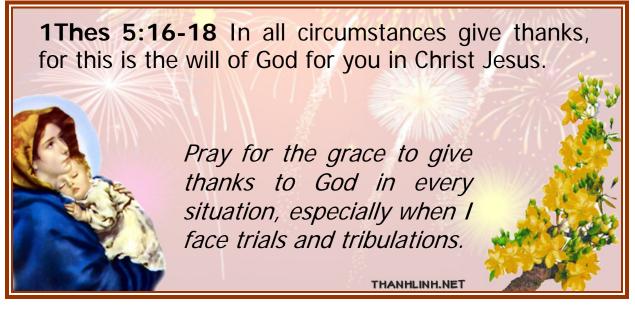
Thank you Jesus for saving me and cancelling my debts of sins and eternal punishments.

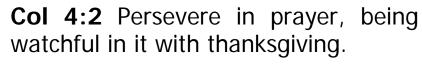














Pray for the grace to be alert in prayer and thanksgiving to God.



1Thes 5:16-17 Rejoice always. Pray without ceasing.

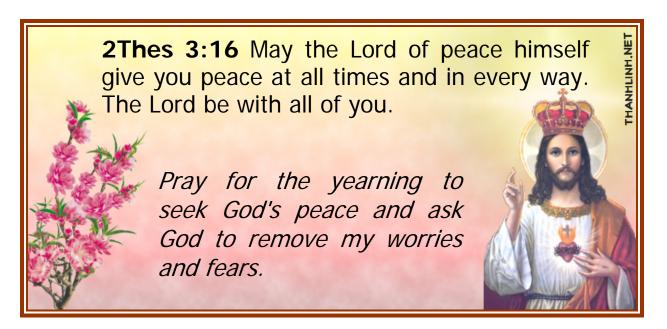


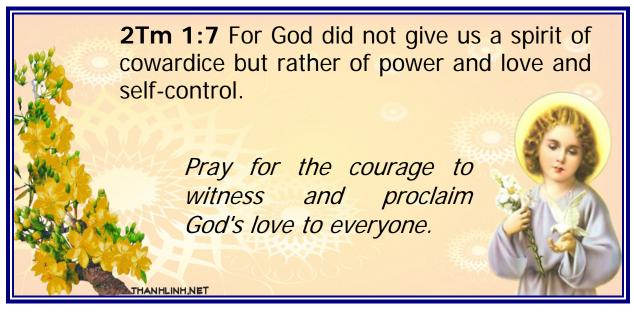
Thank God and rejoice because I have God as my strength and hope.

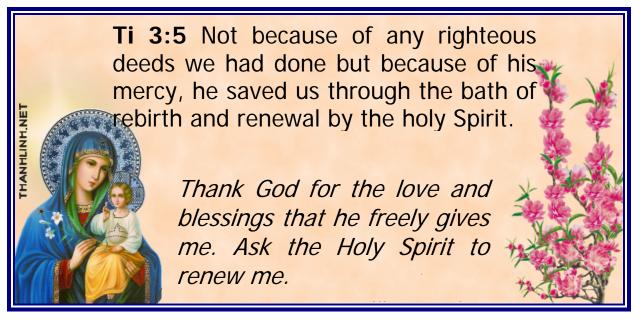
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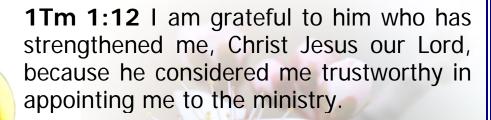
1 Thes 5:21-22 Test everything; retain what is good. Refrain from every kind of evil.

Pray for the gift to discern the difference between right and wrong, to know what is sinful and does not belong to God so that I may avoid it.









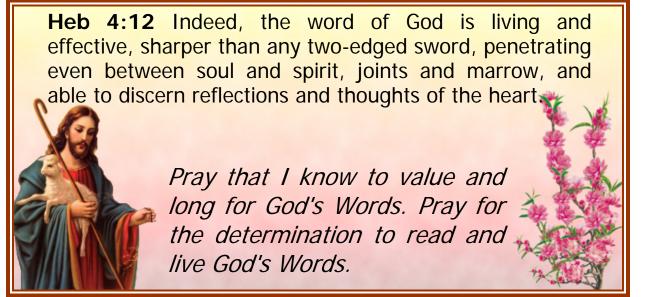
Thank God for allowing me the opportunity to serve, and to be a small instrument for God.

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2Tm 4:2 Proclaim the word; be persistent whether it is convenient or inconvenient; convince, reprimand, encourage through all patience and teaching.

Pray for the wisdom to use every opportunity, talent, and position that I have to proclaim God's love.

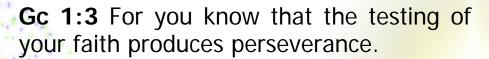
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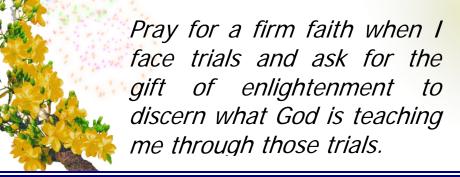


Heb 8:10b But I will put my laws in their minds and I will write them upon their hearts. I will be their God, and they shall be my people.



Thank God for allowing me to become his people, and thank Him for imprinting his laws into my heart.



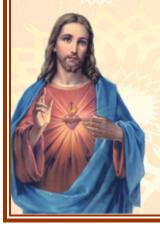




Jas 1:25 The one who peers into the perfect law of freedom and perseveres, and is not a hearer who forgets but a doer who acts, such a one shall be blessed in what he does.

Pray that God's laws that I hear with my ears will become the actions in my hands.

Heb 12:6 Whom the Lord loves, he disciplines; he scourges every son he acknowledges.



Believe that God is a kind and loving father. Repent of my sins.



Jas 1:12 Blessed is the man who perseveres in temptation, for when he has been proved he will receive the crown of life that he promised to those who love him.



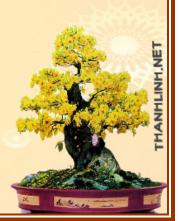
Pray for the gift of strength and perseverance in my trials. Believe that God is always with me.

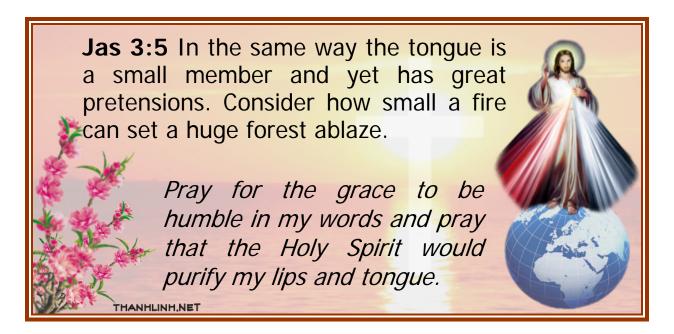
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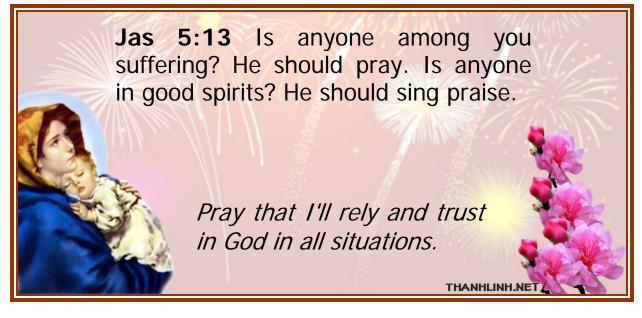
Jas 2:26 For just as a body without a spirit is dead, so also faith without works is dead.

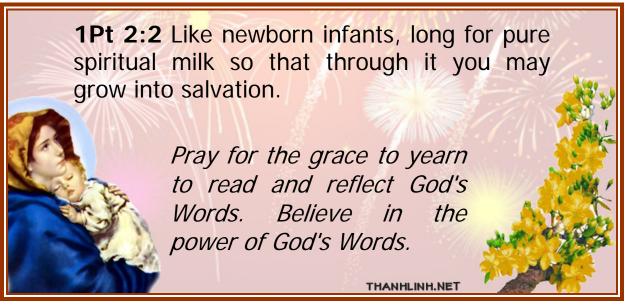


Pray for the determination to live my faith through my words and deeds.









Jas 4:10 Humble yourselves before the Lord and he will exalt you.



Pray for the grace to see myself as a useless servant, nothing in front of God, but God loves me and use me as an instrument of his love and peace.

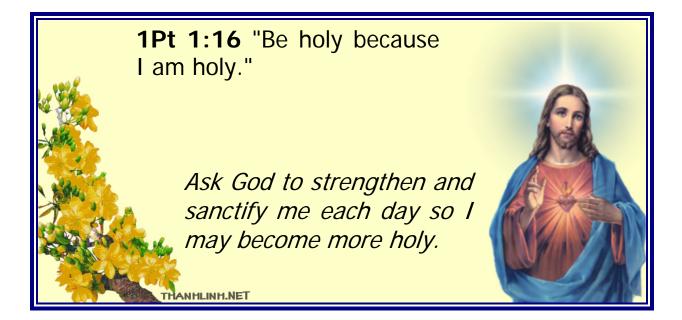
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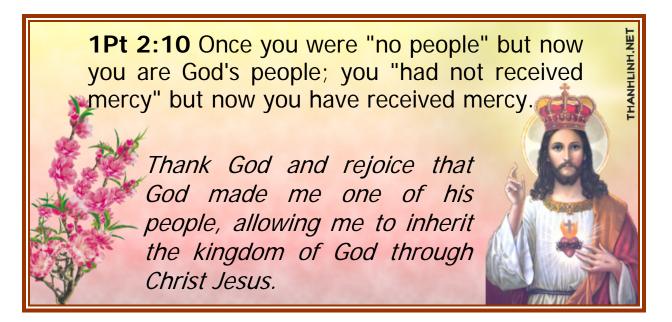
1Pt 1:7 The genuineness of your faith, more precious than gold that is perishable even though tested by fire, may prove to be for praise, glory, and honor at the revelation of Jesus Christ.

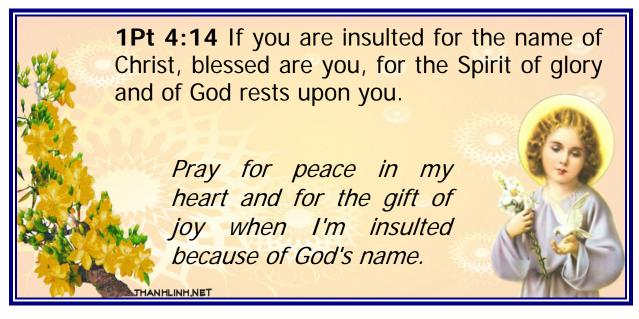


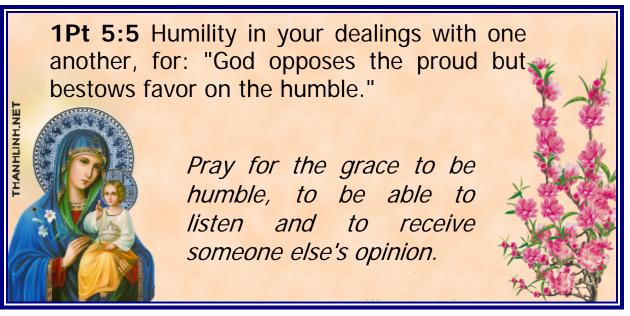
Pray for the faith that through trials I will have glory, and that through suffering, I will know that I need God.

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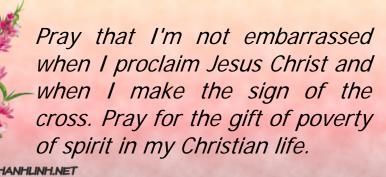


1Pt 4:10 As each one has received a gift, use it to serve one another as good stewards of God's varied grace.

Thank God for the gifts that I have and pray that I know to use it for the good of the community.

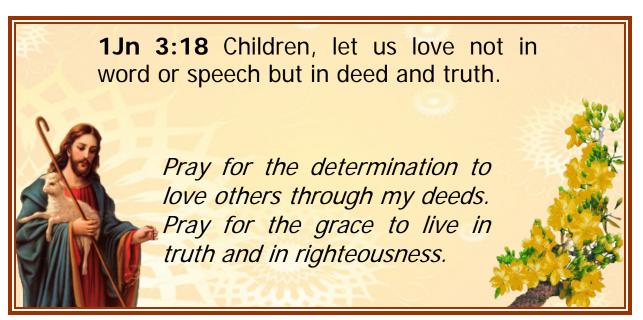
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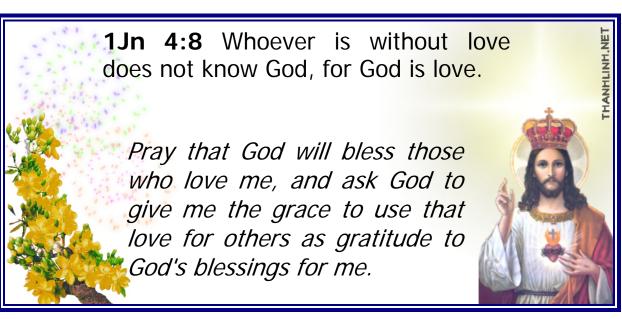
1Pt 4:16 But whoever is made to suffer as a Christian should not be ashamed but glorify God because of the name.

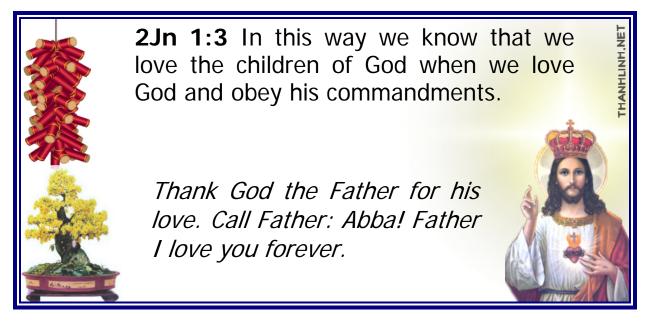


1Jn 1:9 If we acknowledge our sins, he is faithful and just and will forgive our sins and cleanse us from every wrongdoing.

Pray for the diligence to go the Sacrament of Reconciliation. Pray for the grace to acknowledge that I'm a sinner and thank God for his merciful heart.



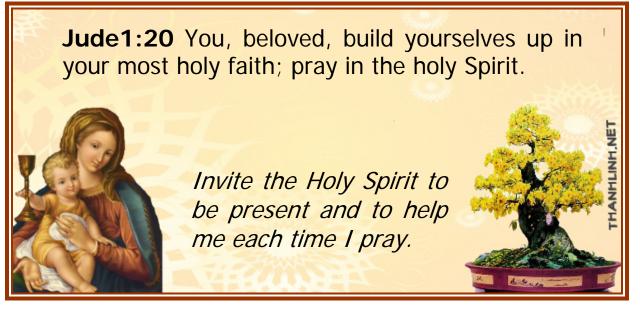


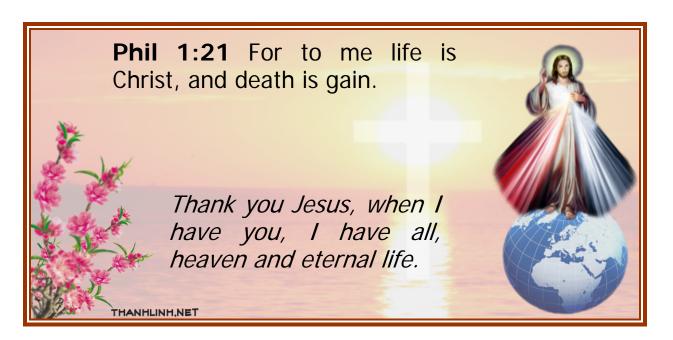


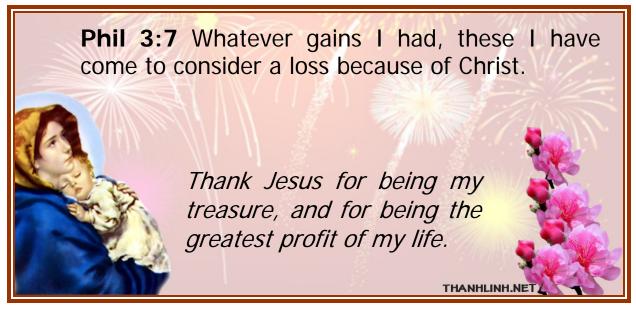
1Jn 4:4 You belong to God, children, and you have conquered them, for the one who is in you is greater than the one who is in the world.

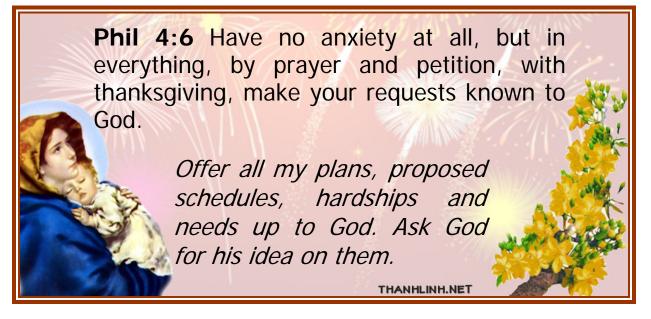
Believe that God's power and Holy Name are stronger than any power of the darkness and of the earth.







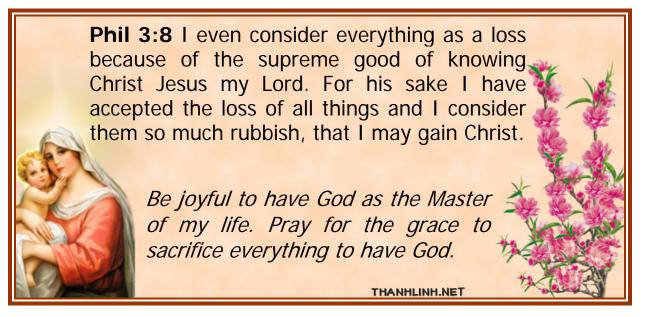




Phil 2:3-4 Do nothing out of selfishness or out of vainglory; rather, humbly regard others as more important than yourselves, each looking out not for his own interests, but (also) everyone for those of others.

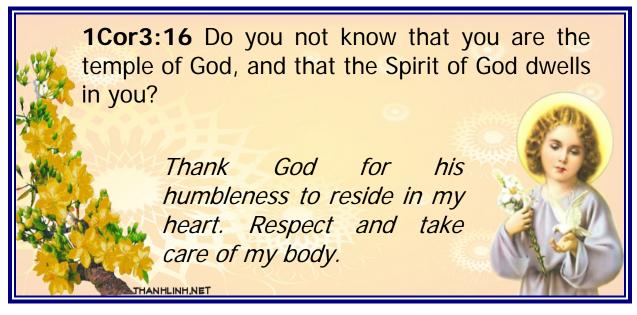
Ask God to remove my selfish and proud nature. Pray for the ability to sacrifice my own selfish ways for the good of the community.

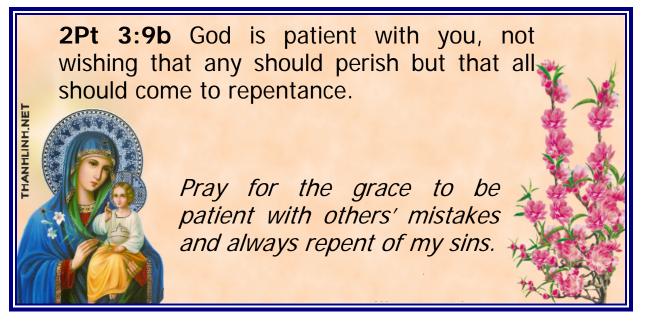
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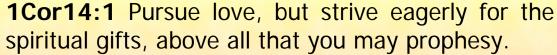


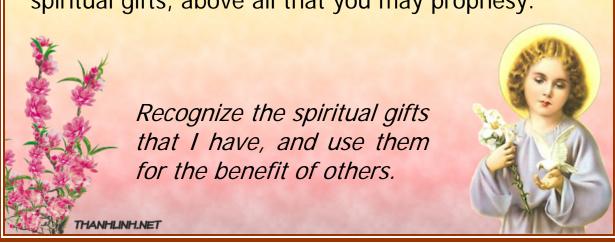


Rv 3:3 Remember then how you accepted and heard; keep it, and repent. If you are not watchful, I will come like a thief, and you will never know at what hour I will come upon you.

Pray for the grace to be alert through constant prayers and to always examine my conscience and repent of my sins each night before I go to sleep.

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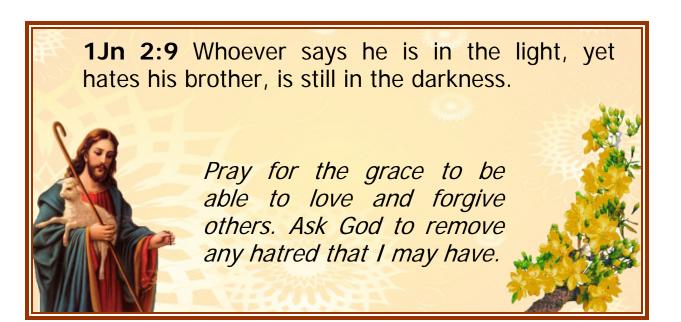


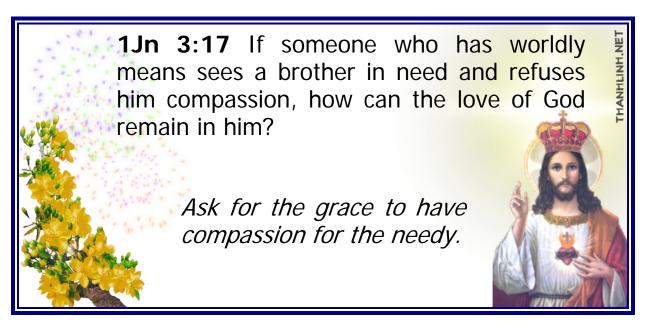


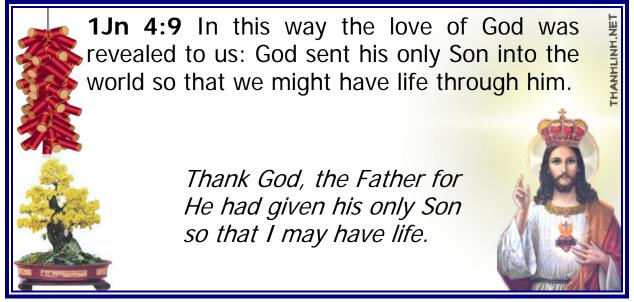
1Jn 1:9 If we acknowledge our sins, he is faithful and just and will forgive our sins and cleanse us from every wrongdoing.



Thank God for his mercifulness. Trust in God's love and generosity. Ask God for a faithful heart.







1Jn 2:15 Do not love the world or the things of the world. If anyone loves the world, the love of the Father is not in him.

Ask God take away my passion for material things and fill me with the desire for God's kingdom.

